

# Registration Form

Payment procedure, see back panel.

**Early Bird Deadline:** March 19th

**Registration Deadline:** April 30th

Name: \_\_\_\_\_ Church: \_\_\_\_\_

Address: \_\_\_\_\_ Vegetarian

Tel/Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relation: \_\_\_\_\_

Additional campers covered by this registration:	Age, if child	Vegetarian?

Full weekend	Early Bird Rate by March 19th	Regular Rate by Apr 30th	
_____ Adult(s)	@ \$145 ea	\$155 ea	= \$ _____
_____ Child(ren) (3-17)	@ \$133 ea	\$143 ea	= \$ _____
_____ Child(ren) (under 3)	@ Free	Free	= \$ _____

**Preferred Accommodation:** Room in a 3-room cabin:  2-bed OR  4-bed  
 6-bed cottage (detached, preferred proximity to main lodge:  far  close)

As the camp fills up, it may be necessary to share your accommodation.

I prefer to share with: \_\_\_\_\_

**Day Campers** (includes 1 meal and use of camp facilities)

**Saturday, June 3rd:** \_\_\_\_\_ Adult(s) or Child(ren) (3-17) @ \$37 ea = \$ \_\_\_\_\_

**Sunday, June 4th:** \_\_\_\_\_ Adult(s) or Child(ren) (3-17) @ \$37 ea = \$ \_\_\_\_\_

Please specify whether you would like to join us for **lunch OR dinner (circle one)**

**Children's Program:** Saturday, June 3rd 10:30-12:30 am, 1:30-3:30 pm

\_\_\_\_\_ Child(ren) (Program included with admission)

**Choral Workshop:** Saturday, June 3rd, 10-11:30 am, 1:30-3:30 pm (& Sun. service)

\_\_\_\_\_ Full weekend camper(s) @ \$33 ea = \$ \_\_\_\_\_

\_\_\_\_\_ Sat. workshop with lunch & canoe/kayaking (3:30-5pm) @ \$67 ea = \$ \_\_\_\_\_

**Climbing Workshop:** Sun., June 4th (courses offered if sufficient number of registrants)

\_\_\_\_\_ Climbing Wall: 1 pm-3 pm (ages 6 and up) @ \$12 ea = \$ \_\_\_\_\_

\_\_\_\_\_ High ropes course: 3:30-5:00 pm (ages 8 and up) @ \$12 ea = \$ \_\_\_\_\_

\*Please indicate what workshop for which camper:

Tax deductible donation to help someone else come to Sasamat: \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

**Subsidy requested:** \$ \_\_\_\_\_

**Work Duty** (Weekend Campers only) Initial below: \_\_\_\_\_

I understand that each adult camper is needed to perform a small organizational duty during the camp (eg. dining room set-up 15 min.) \_\_\_\_\_

**Swimming Waiver** Initial below: \_\_\_\_\_

I understand that there will be no lifeguard on duty during the camp and I will supervise (or arrange responsible supervision) for my child(ren) while they are swimming \_\_\_\_\_

# Payment Details

Make cheques payable to "Beacon Unitarian Church" and send with form to: Beacon Family Camp Registrar, #314 - 522 Smith Ave. Coquitlam, BC V3J 7X7. Cheques may be post dated to applicable registration deadlines. **Questions? sasamat@beaconunitarian.org**

# What to Bring

## Recommended

- flashlight (paths leading to the cabins from the main lodge are not lit at night)
- clothes for cold, rain, heat, extra shoes, umbrella
- towel, face cloth, soap, personal care items
- sleeping bag, pillow, (foam pad for extra comfort if you sleep on your side)
- earplugs (for light sleepers)

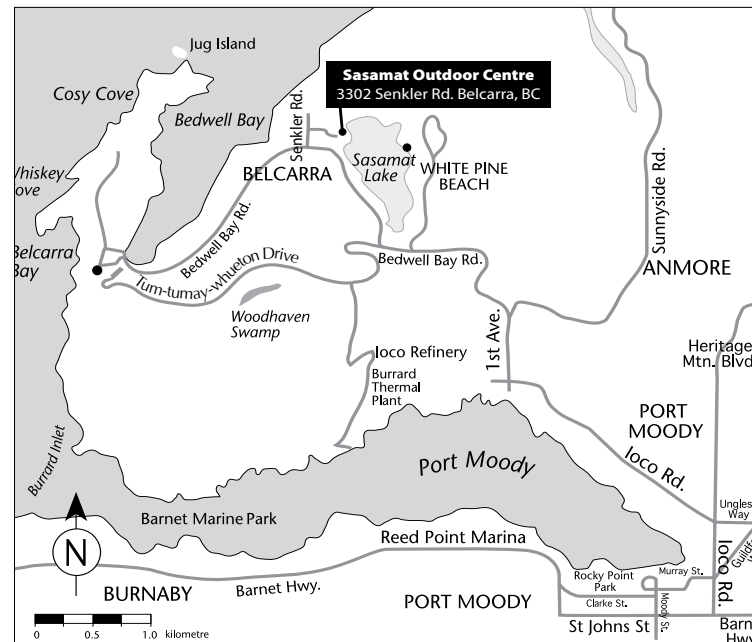
## Optional items

- travel mug/dish if you wish to take food or drink outside

- camera
- sunscreen, sun glasses, insect repellent
- sports equipment: swimming suit and towel, bocce set, balls, badminton, boat (no motors) and life jackets
- sand toys for younger campers
- cards, board games, puzzles, books
- musical instruments, songs, battery operated CD player, CDs
- ideas, talent, skits, costumes for the "No Talent" show
- favourite grace for meals, spoken or sung

# Location

Sasamat Outdoor Centre is set amongst the trees of beautiful Sasamat Lake, only 15 minutes from Port Moody. Drive NW on loco Road, following the signs to Belcarra. Turn right onto 1st Ave and continue as it turns into Bedwell Bay Road. Drive past the turnoff to White Pine Beach. Turn right at the stop sign, towards the Village of Belcarra. Turn right when you see the sign for Sasamat Outdoor Centre, at the bus stop at Senkler Road. Follow the dirt road to the camp.



**Unitarian Family Camp at Sasamat Outdoor Centre**  
 Friday, June 2nd, 6 pm – Sunday, June 4th, 5 pm  
 3302 Senkler Road, Belcarra, BC V3H 4S3

# Camp Sasamat 2017

June 2-4





Outside was the silence, a sense of calm and peace against the green and blue of the landscape, being held in comfort by the trees—all there to nourish the spirit...



...and inside, what a vibrant community! Everyone pitching in to help, welcoming and helpful caring, exuberantly happy kids, three-generation groups, good cheer and contagious laughter. Meals nourishing to body and well-being. Connections with new acquaintances feeling like truly fortunate discoveries.

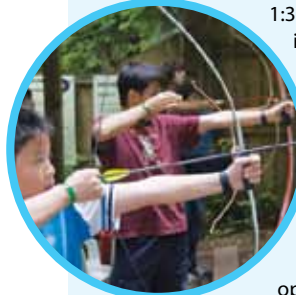
—Jean Donaldson



## Camp Sasamat

Set in the natural splendor of Belcarra Regional Park, the camp offers swimming, boating, hiking and climbing. Chat, enjoy the water and woods and take part in activities in a cooperative atmosphere. *Note: Children love this camp but you do not need to bring children in order to attend Family Camp!*

### PROGRAMMING OPTIONS



**Children's Program:** Saturday, June 3rd 10:30–12:30 am, 1:30–3:30 pm. Activities for younger children (3–6 yrs) will include crafts, sports and games, led by Dan Coghlan, elementary teacher and member of the South Fraser Unitarian congregation. The older children's program (7–10 yrs), organized by Sasamat trained leaders, tentatively includes archery, raft building, hiking, wide games and fire building.

**Youth Program:** Youth (approx. 11–15 yrs) will have their own group this year, led by Teya Sharir, member of the North Shore Unitarian Church. Tentative options for the youth include hiking to the beach of Jug Island, kayaking and/or swimming. Attend the **youth in-gathering** on Friday to meet Teya and to brainstorm and plan activities for the Saturday program. Get ready for an amazing weekend at Camp Sasamat!

Children and youth programs are included in the full weekend and day-rate admission.

### Climbing Wall or High Ropes Course

**Climbing Workshops:** Sunday, June 4th, 1–3 pm (wall), 3:30–5 pm (high ropes)

Challenge yourself and have some fun. Ages 6 to adult. Workshops \$12 ea.



### Lift Up Your Voice! Music Workshop

**Saturday, June 3rd**  
10–11:30 am, 1:30–3:30 pm  
(& optional Sunday participation in the worship service)

Our music workshop will be led by Patti Powell, a member of Community Choir leaders called the Ubuntu Choral Network: "Our mission is to "re-enchanted" the world through group singing. We aim to be inclusive, community-focused, non-auditioned and socially-engaged." Patti leads four community choirs and is an apprentice conductor with Brian Tate and the City Soul Choir ([www.citysoulchoir.com](http://www.citysoulchoir.com)). Come and lift up your voice with Patti Powell! All are welcome.



Saturday workshop with lunch: \$67 (includes option to canoe/kayaking after the workshop, 3:30–5) OR \$33 if you're registered for the full weekend.

## Tentative Schedule

### Friday, June 2nd

6:00 Registration, snack table  
7:30 pm In-gathering  
8:30 pm Campfire, sing-along, hot dogs provided  
11:00 pm Quiet time

### Saturday, June 3rd

8:30 am Breakfast  
10:00–11:30 am Choral Workshop  
10:30–12:30 pm Children & Youth Program  
12:30 pm Lunch  
1:00–5:00 pm Canoeing & Kayaking (see waterfront staff)  
1:30–3:30 pm Choral Workshop, Children's Program  
4:00 pm Afternoon snack

5:30 pm Dinner  
7:30 pm "No Talent" Show  
9:00 pm Campfire, sing-along  
11:00 pm Quiet time

### Sunday, June 4th

8:30 am Breakfast  
9:30–10:15 am Choral Workshop (cont'd)  
10:30 am Intergenerational Worship Service  
12:00 pm Lunch  
1:00–5:00 pm Canoeing & Kayaking (see waterfront staff)  
1:00–3:00 pm Climbing workshop #1 (Wall)  
3:30–5:00 pm Climbing workshop #2 (High Ropes)  
5:00 pm Camp ends

## Camp Facilities

### Lodge

- covered porch
- main hall with fireplace
- washrooms, showers, laundry
- phone in the lodge

### Cabins

- electric lights and heat
- single/double bunk beds with foam mattress

### Grounds

- private beach
- dock
- rope/adventure playground
- climbing wall
- trail around Lake Sasamat
- canoes, kayaks, life jackets when attendant is on duty in the afternoon

## Camp Protocol

### Camper Participation

- Each adult camper is required to help out with a volunteer duty during the camp (eg. dining room set-up, 15 min.)

### Safety

- For safety and liability all campers must be registered.
- Sponsors of minors (one child per adult) must submit the Sponsorship Permission Form (below) along with their own registration.
- Use the buddy system at all times during outdoor activities:
  - All swimmers must have a buddy
  - See staff person for rules concerning canoes/kayaks
- Parents or sponsors are responsible for their children at all times.
- An adult or responsible youth must attend children at the waterfront, at the ropes, or on hikes (with parental permission).

### Mealtime

- We have a catered camp with preparation and cleanup by camp staff. Advance notice is needed to prepare the correct quantities for meals.
- Dining room setup and cleanup is by camper volunteers, sign-up board in the dining hall.
  - Mealtimes are strictly observed, latecomers cannot be served.
  - Special dietary needs: Please contact the camp registrar, Laura Redmond, at [sasamat@beaconunitarian.org](mailto:sasamat@beaconunitarian.org). She will let you know if the camp can accommodate you. Special needs foods can be brought to camp, labelled, and placed in the refrigerator in the main hall. Microwave available.
  - Camp dishes must be kept in the dining room. Bring a travel mug/dish if you wish to take food or drink outside.