



February Service Theme: Interdependence

This month we explore the theme of interdependence, or how we are all connected.

FEB 4 **As Individuals in an Interrelated World**
Lay Chaplain: Marilyn Medén

Marilyn Medén looks to the future: The end of war? An interrelated world? Sure. Let's start with ourselves. Try things out. Practise peace. Let peace begin with us! "When people act for selfless ends, there is vast augmentation of their individual capacities. Something wonderful, something momentous happens. An irresistible force begins to move, which, though we may not see it, is going to change our world." —*Eknath Easwaran, Spiritual Leader.* Marylke Nieuwenhuis will play her recorder.
Children & Youth Program: Rev. Debra Thorne will lead the children and youth in a Spirit Jam session downstairs.

FEB 11 **Beacon's Birthday!**
Rev. Debra Thorne and Beacon Members

Today we celebrate Beacon's 35th Anniversary by remembering Beacon initiatives that changed lives across the world and across the years. Stories from a transformational experience in the youth group; to the Bed and

Breakfast program that started the Building Fund; from the homelessness initiative that started the POCO Food Bank; and more recently the Refugee Settlement program that is uniting families and two distinct cultures. This is a moment to celebrate the power of a community to connect, inspire and transform our lives.

- New member ceremony
- The choir will sing
- Soup Lunch with birthday cake following the service

Children & Youth Program: The children will explore the miracle of social change while the youth explore the topic of death asking the big question, "What happens when we die?"

FEB 18 **Riddle & Mystery: A Whole Church Sunday!**
Rev. Debra Thorne and Ashley Cole

Unitarians may thrive on the joy of our interdependence, but we do not always agree about the answers to the big questions. Nevertheless, we think that searching for the answers is important. So this Sunday we explore the 'riddle and mystery' questions: Who are we? Where have we come from? Where are we going? We'll dive

into these questions as a creative fun-loving interdependent, whole church! A special collection will be taken to support the Canadian Unitarian Sharing Our Faith program.

FEB 25 **Put a Little Love in Your Heart: Giving and Receiving at Burning Man**

Amber Strocel, Jeff Young
Service Leader: Donna Hamilton
What does it mean to truly give a gift, and what does it mean to truly receive a gift? One Beaconite explores gifting through the lens of *Burning Man*, an intentional arts community created for one week each summer in the Nevada desert. Expect music, pictures, and big questions.
Amber Strocel has been active at Beacon since 2001. In that time she switched careers twice, had two children, and discovered a love of skiing and playing guitar. She is now a teacher and loves working with children. This past summer she attended Burning Man for the first time, and developed some new perspectives on what it means to really give and receive a gift.

Jeff Young is an entertainment lawyer and music producer who lives in the Vancouver area with his wife Doris. He also teaches at a number of post-secondary institutions, and is the proud father of an adult daughter. He is a three time "burner", having attended Burning Man in 2015, 2016 and 2017. In his free time he enjoys skiing and composing music.

Children & Youth Program: The children will explore the miracles that we can make ourselves and the youth will be asking, "Why do bad things happen?"

Minister's Message



Rev. Debra Thorne

This month Beacon celebrates its 35th year, as what some call, 'The little church that could!' Looking back over the years it is indeed amazing

to see the projects and programs that were initiated by Beacon's leadership. Across the spectrum of activity—from the creative arts to social justice—Beacon members have never let its small numbers be an excuse for not getting the job done. At the celebratory service on February 11 you'll hear some of these stories, such as the Tri-Cities Homelessness initiative in the 80's to the current Refugee Sponsorship program. Remember the *Goodtimes Band* that enlivened many a service or community dinner? Beacon has stepped up time and time again to say 'Yes! We can do this!'

As February's theme is Interdependence it is a perfect opportunity to explore what it means to be a 'whole church'. The idea of 'whole church' comes out of a continental Unitarian discussion about how we are being challenged to meet the needs of families in the 21st century. Times have indeed changed since the advent of Sunday school in the last century. Family structure has changed, family pressures have changed, why people go to church has changed. What met

the needs of families in 1920 is not the same as what is required in 2020. During the month of February we will explore how we can create Whole Church Sundays, that nourish and sustain our whole community.

Another exciting initiative coming up is the **Metro Vancouver Unitarian Gathering** on Saturday April 7th. Please mark your calendars so that you can join with Unitarians from the four Lower Mainland congregations for a day of worship, singing, eating and deep conversation. There will be a keynote speaker on Generational Change, Tony Turner (well-known Unitarian, for his song 'Harper Man') will lead everyone in 'The Music of Social Change', and there will be ample opportunity to connect with Unitarians from other congregations.

Finally, the bi-annual **CUC National Conference** is coming up fast. This year it will be held in Hamilton Ontario, at McMaster University, during the long weekend in May (18–20th). The conference is three days of learning, connecting and transforming with Unitarians from across the country. I will be going to it and reporting back to Beacon. The business meeting takes place on Friday May 18 and Beacon's delegates Susan White and Michael Scales will be participating from New Westminster using the conference technology called Zoom. There are also two trainings before the conference, one

for OWL and the other for Lay Chaplaincy. All the information you need is here at the CUC website, <http://cuc.ca/annual-meeting/cuc-conference-annual-general-meeting-timeline-planning-guide/>

February is popping up daisies and dewdrops and Birthday Cakes. It is a time to celebrate!

—Rev. Debra

Lay Chaplain Positions Open

Beacon is looking for two new Lay Chaplains to begin training this year. Lay Chaplains provide special ceremonies such as weddings, memorials and child dedications to the wider community. With experience they can also offer an array of other ceremonies such as house blessings and services for our four-legged family members. Lay Chaplains assist the minister when she is not available and they provide important outreach for the Beacon community. A Lay Chaplain can serve Beacon for a maximum of six years. There is a training coming up in Vancouver the weekend of April 27–29. You are invited to take the training to explore for yourself if this is a role you want to offer Beacon. A commitment is not required. If you are interested or have questions please contact the minister: minister@BeaconUnitarian.org



**Beacon
Unitarian
Church**

www.beaconunitarian.org
info@beaconunitarian.org

Mailing Address:
#414, 552A Clarke Road,
Coquitlam, BC V3J 0A3

Consulting Minister:
Rev. Debra Thorne
minister@beaconunitarian.org

Lay Chaplain:
Marilyn Medén, 604-469-6797,
m.j.medeen@telus.net

Choir Director:
Angela Zhang
choirdirector@beaconunitarian.org

Board Executive:
Co-Presidents: David Kristjanson
and Donna Hamilton; **Treasurer:** Carol
Woodworth; **Secretary:** Gail Thomson;
Members at Large: Helen McVey, John
Hagen, Rob Warner, Dan Theal, Janet
Pivnick, Michael Scales

Connections & Membership:
Jean Donaldson, 604-461-0056,
donaldsj@telus.net

Religious Exploration Director:
Ashley Cole,
sundayschool@beaconunitarian.org

Beacon Newsletter:
newsletter@beaconunitarian.org
Production: Laura Redmond
Proofreading: Donna Hamilton
Deadline for article submissions is
the 15th of the month, for inclusion
in the following month's newsletter.

Board Bitz

The year already feels like it is flying by.

Welcome to February, the month that Beacon Unitarian Church was established. Please join us downstairs after church on Sunday February 11th to celebrate Beacon's 35th anniversary. We have booked the hall for an extra hour for a bit of a party, (soup lunch and birthday cake!), so be there or be square.

January was a busy month. The board continues to work, line by line, on the Beacon constitution and bylaws to make sure that they are in line with the new BC Societies Act. Each board meeting brings us closer to finishing this review. Once finished, we will be bringing it to the congregation for final approval. The personnel committee has been busy doing mid-year reviews. Mid-year reviews give us a chance to have a quick chat with the employees at Beacon and get their feedback on how things are going.

Beacon only has a few valued employees, but they are an integral part of our Sunday Services.

Another integral part of Sunday Services is volunteers. We are run by volunteers. That being said, we always need more. We still need a few good people to help in the nursery. We also need people to help with coffee hour and people to help set up the church on Sunday morning. Volunteering is a great way to get involved. Please email the board at board@beaconunitarian.org if you can help or if you'd like to learn more.

Hope you have all been noticing the improvements that Sapperton Hall has been making that make our Sundays a lot nicer. New blinds have replaced old curtains, bringing in a lot more light. The new chairs look great and have made things a lot more comfortable. We understand that there will be more improvements to come. Many thanks to the board



David Kristjanson



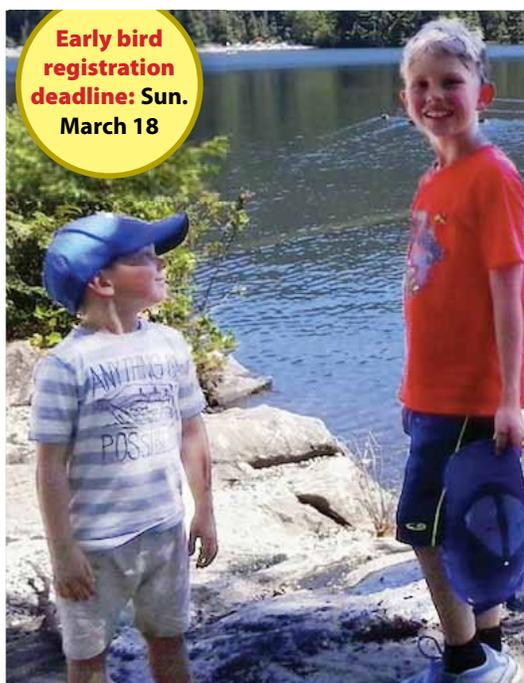
Donna Hamilton

at Sapperton Old Age Pensioners Association for all their hard work. It is really appreciated.

The Board is encouraging you to save the date March 10th for the Middle Eastern Potluck and fundraising event for Settlement 2—bringing more of the Al Rbaai family to Canada (more info on page 8). Due to the importance of this event, there will be no Circle Dinner happening in late February or early March. The next Circle Dinner will be on April 14.

— David Kristjanson and Donna Hamilton, Co-Presidents

Connecting, Inspiring, Transforming!



Early bird registration deadline: Sun. March 18

Thanks again for a wonderful weekend. I have never seen my boys so delightfully exhausted. They smell like campfire, their clothes bear traces of marshmallows, their faces are a little sunburnt, their knees are bruised, and they fell asleep on the way home. We loved it! As Albert put it, let's do this again!

Ernest, 2017

Unitarian Family Camp June 8–10, 2018

Set in the natural splendor of Port Moody's Belcarra Regional Park, the camp offers swimming, boating, hiking, climbing, children and youth programs, a choral workshop for youth/adults, campfires and other fun communal events. Heated cabins with electricity. Meals provided. *Note: Children love this camp but you do not need kids to attend Family Camp!*

Early bird registration deadline: Sun. March 18

Early bird rates: Adults: \$151; Children/Youth: \$139. Register early, save, and help out the planning committee!

Download a brochure/registration form at <http://beaconunitarian.org/index.php/camp/>



Sing for Joy! Music Workshop with Patti Powell on Sat. June 9th, Includes lunch & the opportunity to swim or kayak after the workshop!

Let's Connect: Behind the Scenes with Religious Explorations (RE)

Go in joy, go in peace to meet the day. With open arms embrace life's wonder....

Do you wonder where our children disappear to on a Sunday morning when we "sing them out"? I have. And I wonder what keeps them occupied downstairs each week. Our Connections team decided with Valentines Day coming up this month we should look at the loving care the RE committee provides to support the children of our community.

There is an entire committee and our Director of Religious Education who work together along with our Minister Rev. Debra Thorne to ensure our children and youth have meaningful experiences both on a Sunday morning and through extracurricular activities.

We are very fortunate to have Ashley Cole, our knowledgeable RE Director who capably provides resources and curriculum for the children and keeps us informed with her monthly newsletter column. Intriguing curriculum from the UUA (Unitarian Universalist Association) with names like Riddle & Mystery and Miracles make me wish I were a child again. Transforming the downstairs hall into a child friendly space each week is its own miracle!

Backing Ashley up, the RE committee meets regularly to oversee all the extracurricular activities and ensure the RE program is on course. Bette Goode and Amber Strocel co chair the committee made up of Laura Redmond, Arlette Stewart with Michael Scales (Board Liaison) and Rev. Debra. During their monthly meetings they address topics like intergenerational services and the annual winter pageant. A big focus of the committee is to promote interactions between adults and the children



RE Committee members Arlette Stewart, Laura Redmond, Ashley Cole, Amber Strocel and Michael Scales (Absent: Bette Goode, Debra Thorne).

"Being involved with Beacon's RE reminds me that we really are a family where every member, big and small, has a place and a voice."

such as planning for the Mystery Buddies Project which connects the children and adults through a month long sharing of anonymous letters (watch for notices this month. You too could be a Mystery Buddy) and planning for "Spirit Jam" projects. (You could volunteer to share a special projects/ interests with the children during their time downstairs)

The committee organizes social events for the families such as Family Circle Dinners and the annual Night Tree Party held in December.

Social justice is another focus for the children with field trips and fundraising projects....the biggest outreach project the children participated in this past year was the "backpack" project. They planned and prepped the filling and delivery of 50 backpacks stuffed with food and other supplies for at risk and homeless youth in New Westminster. Their

bake sale helped to fund this amazing project!

I asked some of the committee members what drew them to the RE committee. Bette told me when her friend and former Beacon member, Bev Lock, encouraged her to join the committee she discovered it was an interesting committee and a great group of people. With her background as a retired teacher she found she could contribute in a meaningful way to our Beacon community.

Amber wrote: "Being involved with Beacon's RE has helped me to deepen my own understanding of what it means to pursue a spiritual life. Exploring with children and answering their questions, as well as working with those who are invested in supporting the youngest members of our community, constantly gives me opportunities to learn, stretch myself and become more empathetic.

It also reminds me that we really are a family where every member, big and small, has a place and a voice.”

Laura wrote: “I feel that the Beacon Sunday school has strengthened my daughter’s appreciation of the wonder and value of life. One of the principles upheld in the children’s program is the importance of being kind and understanding. I believe that the Religious Exploration program, and the church as a whole, has supported Charlotte in the development of her compassion.

I have volunteered to teach Sunday school during the month of January. This obligation requires me to focus on the wonder and value of life myself. As a result, it acts as a catalyst for my own spiritual growth and development.”

One of the youth commented that she loves the community spirit and has good friends at church. Another said it was like taking a “vitamin supplement” each week!!

The RE committee is always happy to welcome volunteers for Sunday morning activities (even just one Sunday a year would be much appreciated) and to join the committee. Think about trying it out. Contact Bette Goode (bjgoode@hotmail.com) or Amber Strocel (amber@strocel.com) to volunteer or find out more about RE.

Submitted by Joan Morris on behalf of the Connections Team: Phil Campbell, Jean Donaldson, Joyce Gudaitis, Joan Morris, Susan Tarras, Rev. Debra Thorne

Religious Explorations (RE)



Ashley Cole

The theme for February is interdependence and in RE we are going to explore what that looks like at Beacon through the Mystery Buddies program. For those of you who may not know what Mystery Buddies is, it is a month long Sunday morning program in which children and youth exchange notes with older members of our community but do not know each other’s identities. Every Sunday participants drop their note to their mystery buddy in a coded envelope and receive the note that is left for them.

Notes shared are clues to learning the true identity of the buddies and finally on the very last Sunday we have a big reveal with ice cream and mystery buddies are introduced to each other. It is a fun way to step outside of your comfort zone and explore how we at Beacon are all interdependent.

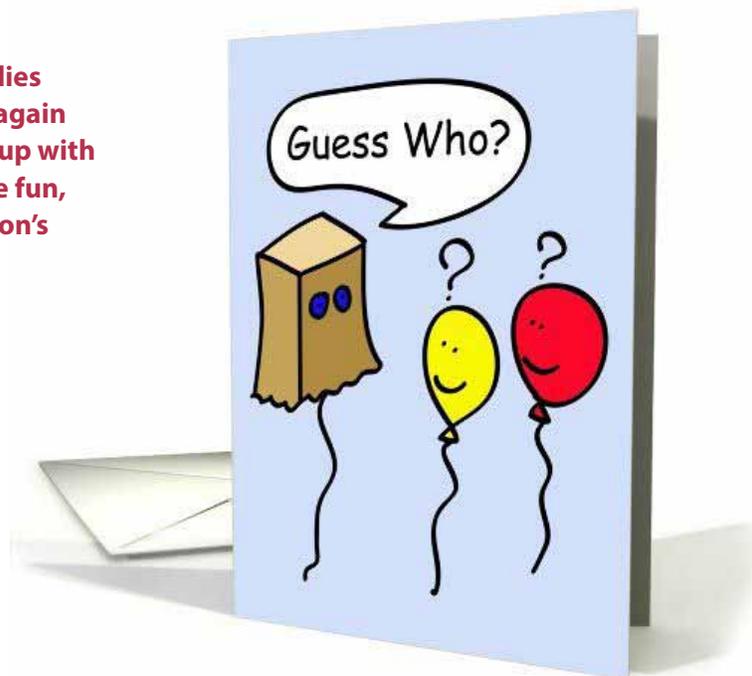
If you missed out on the chance to sign up for Mystery Buddies don’t worry! There are still plenty of ways to connect with RE. You could always volunteer a month of your time (3–4 Sundays) and become a volunteer teacher exploring the Unitarian Universalist faith tradition through hands-on curriculum. Or if a whole month is too much to dedicate we are still in need of volunteers for our monthly Spirit Jams in which members of our Beacon community share a skill or talent with the RE folks. So far we have had baking, card making and a look at a trip to Mexico during the day of the dead festivities. Come share your experiences and passions with us so we can get to know you better and, who knows, you might even make a new friend or two!

For more information on volunteering feel free to email me at akcole1@gmail.com or come talk to me any Sunday morning.

Cheers and wishing you all well!!

—Ashley Cole, Director of Religious Explorations
sundayschool@beaconunitarian.org

The Mystery Buddies program will run again in February! Sign up with Ashley, have some fun, and support Beacon’s interconnections.



Reflections on Beacon's Learning Journey with Reconciliation

This church year, Beacon has embarked on a path towards Truth, Healing and Reconciliation with Indigenous people. Many Beaconites attended the reconciliation walk in September and/or the blanket exercise in October. A group of nine participants and three facilitators, under the leadership of Rev. Debra, has spent the past five months delving into what reconciliation means and learning why it is important. As part of the 8-session curriculum, we have read, watched videos, listened to stories, engaged in reflection and discussed topics such as colonization, residential schools, racism, systemic inequities, intergenerational trauma, cultural safety and being an effective ally.

John Hagen shared his reflections on this learning experience:

"I thought I knew what being an Indigenous person meant.

I thought I knew about the mistreatment that "colonization" of Canada inflicted on the Indigenous people.

I was wrong.

What I learned about my colonial culture's treatment of Canada's first nations—the intolerance, the prejudice, the racism, the criminal acts—shocked me, enraged me and made me ashamed of my Canadian heritage.

That all of my life I have lived in this bubble of ignorance, indifference and hostility humiliates me profoundly.

Even though most of this occurred in the past, I now know how critical it is to reveal the truth, to affect reconciliation and healing and somehow give recompense for the Indigenous cultures we tried to expunge and upon who we inflicted cruel and inhumane treatment."

The work that we have taken up together has been intense, challenging



AJ Vittie, Janet Pivnick, David Kristjanson, Peggy Lunderville, Tyler Vittie, John Hagen, Debra Thorne, Aline LaFlamme, Audrey Taylor, Susan Tarras and Beth Connelly. (Absent: Al Sather, Laura Redmond, Sue Sparlin)

and often disturbing. And so it should be. It is a difficult history that we are grappling with and trying to understand. We came up against our own ignorance. We shared our grief. We

We came up against our own ignorance. We shared our grief. We looked at our personal and cultural histories. We made commitments to a better future for this country.

looked at our personal and cultural histories. We talked about fears, confusion and uncertainty, and the difficulties of discussing our learning with loved ones. We made commitments to a better future for this country.

We are immensely grateful for the wisdom and guidance of Aline LaFlamme who brought both courage and heart to the group in sharing stories of residential schools and taking us inside the experience of Indigenous people, highlighting the

treatment that they have endured, the pain and damage that was caused through colonization and the strength and resilience that have led to the current call for reconciliation. Rebecca Burns shared her learning as a nurse working with Indigenous patients and helped the group to understand the work being done within the health care system to provide a sense of cultural safety.

Our shared learning is a first step—both at Beacon, and for each of us in our lives in the broader community—as we walk the path to reconciliation. Our journey together has opened the door to the TRUTH that is part of Truth, Healing and Reconciliation. There is more to learn and much more to do.

We look forward to sharing our learning with the Beacon community in the upcoming weeks and months and invite all Beaconites to become involved in this on-going learning journey.

—Janet Pivnick

Beacon Programs

We invite you to explore these great ways to connect to the Beacon community and yourself!

Soul Matters Groups delve into the monthly sermon themes. Part personal sharing, part spiritual deepening, the groups meet monthly either at 1 pm on the 3rd Wednesday, or 7 pm on the 3rd Thursday of the month. Email minister@beaconunitarian.org for more information.

The Humanist Discussion Group meets the last Sunday of the month at *The Astoria Retirement Home* (2245 Kelly Avenue, Port Coquitlam) to discuss a wide range of current topics. **Sunday, January 27th, 7 pm:** Aging with Grace, *Facilitator, Joy Silver* We will discuss ideas set out by Marie de Hennezel in her book, *The Art of Growing Old*. Progressing into old age gives us vast moments of solitude. Should we choose isolation, or could we choose a beautiful, courageous, rich and radiant journey by finding a fountain of youth inside ourselves? Come and hear how many aging sages, artists, saints, and philosophers practice a form of solitude that is “beautiful and courageous, rich and radiant”. How might you want to age gracefully?

Sunday, February 25th, 7 pm: Al Sather will be talking about why artists find doing art so difficult. Is he really talking about art, or is art just a metaphor for doing life?

Join the Beacon Choir for musical fun and skill development. Rehearsals are every Monday at 7:30 pm at Miller Park School in Coquitlam, switching to Tuesday evenings in April. Contact choirdirector@beaconunitarian.org.

Book Club meetings are held on the 4th Thursday of each month at 7 pm. For meeting location details contact John Hagen, ajhagen@telus.net.

Book Line-up: February: *History of Love* by Nicole Krauss; **March:** *The Japanese Lover* by Isabel Allende.

Lunch Bunch meets every Thursday at noon, year-round. Bring your own lunch and share in lively and topical conversation. Contact Anne MacLeod at 604-524-2434.

Settlement 2: The Settlement 2 task force is organizing the sponsorship of four further members of the Al Rbaai family. Please contact Peggy Lunderville for meeting times and dates: prlunder@gmail.com. All are welcome.

Attend a Circle Dinner and connect with other Beaconites in a relaxed setting. For more information contact Donna Hamilton (donna-h@telus.net) or Joan Morris (joanmorris@telus.net).

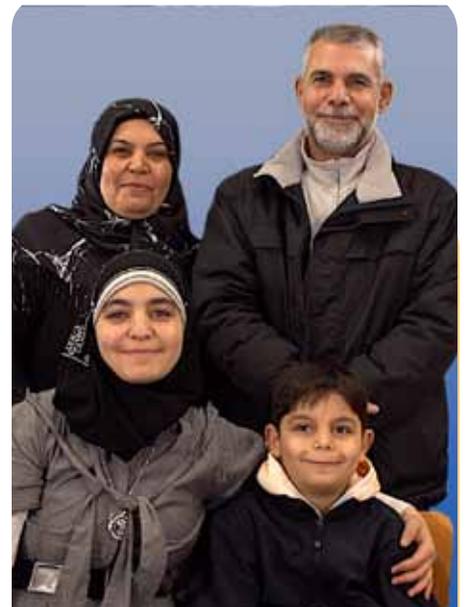
Youth Group: Contact Ashley Cole, sundayschool@beaconunitarian.org, for more information.

Help out on Sunday mornings as a Coffee Host (contact Glenn Wootton, woottongg@gmail.com), **or sign-up as a Sunday Morning Greeter** (contact Susan Tarras, starras@telus.net).

Beacon Writers' Group: The Beacon Writers' Group meets monthly to explore questions of meaning. No writing critique takes place. No specific writing skills are needed. We are simply a group of people who use writing as a way to connect with our inner lives, and support each other in this exploration. If you have ever written in a journal, expressed deep thoughts in a letter to a friend, or worked through a life tangle by putting pen to paper, this group is for you. We are delighted to have a new coordinator—Satya Brown. If you'd like more information, or for the date of the next meeting, contact Satya at sbrown@realifepress.com or 604-584-6895.

Are you new to Beacon?

Have you questions about Unitarianism? If so then on **Thursday, February 1st at 7pm** you are invited to gather with the minister and a few experienced Beacon members to learn more about the community. This informal gathering is a terrific way to connect to others who are new to the community. There will be a little history, a little theology, but mostly this is an opportunity to get to know others. If you are interested please email either minister@BeaconUnitarian.org or joanmorris@telus.net.



The Al Rbaai family cordially invites the refugee settlement teams and their Beacon friends to a **potluck lunch at the Lunderville's at 3 PM on Sunday, February 18th**. They would like to thank everyone for the potluck lunch held in January which was a tremendous success.

In the midst of turmoil, reasons for optimism



As I traverse the web, there is plenty of grim news about Climate Change. It is helpful to be reminded of the good things that are happening and of the possibilities for our futures.

Recently the Guardian featured 7 major movements that can contribute to minimizing the effects of Climate Change: <https://www.theguardian.com/environment/2017/nov/08/seven-megatrends-that-could-beat-global-warming-climate-change>.

The trends they highlighted are: plant-based meat & dairy products, renewable energy sources, falling coal consumption, electric vehicles, battery innovations, energy efficiency, and enhanced forestry practices.

—Teresa Morton

OurEarth41.blog

I have started a blog on sustainable environment, written simply for ordinary people—short thoughts about big issues.

In order to get my blog please google **OurEarth41.blog**.

—Much thanks, Satya Brown

Coming!

A Middle Eastern Feast

Saturday, March 10th

Mark your calendars. On Saturday, March 10th, Beacon is hosting a potluck dinner of Middle Eastern Food and a Silent Auction at Sapperton Pensioner Hall. It's a fundraiser to help bring the Al Rbaai's two sons and their families here.

For the cooks, it's a great chance to expand your culinary repertoire by making a recipe from the Middle East—kababs, baba ganoush, falafels or whatever tickles your fancy (Susan Millar has a couple of relevant cookbooks, if you are interested).

For the silent auction, experiences such as canoe rides, dinner invitations, and birding expeditions, for example, were a hit at our Trivia Night fundraiser. Or, maybe you can provide a donation of some hand-crafted object or piece of art. Gift certificates and cinema tickets are always of interest too. Perhaps you can donate something for a raffle basket: coffee, chocolate, tea, biscuits, etc. We'll leave it to your imagination.

Doors will open at 5 pm. It's mix and mingle until dinner at 6 pm. We expect to wrap things up by 9:00–9:30. Tickets will be \$15 for those who contribute to the potluck and \$25 for those who do not.

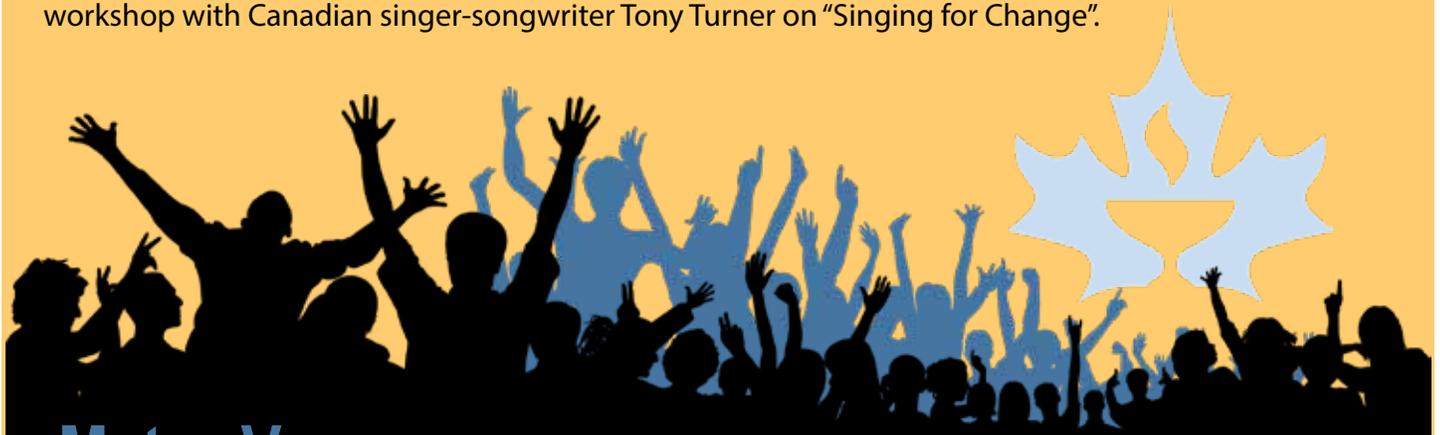
We'll keep you posted. Tickets will be available next month.

—Susan Millar



Save the Date!

Announcing the Metro Vancouver Unitarian Gathering at UCV on April 7, 2018 from 9 am to 9 pm. Registration information and schedule details will be published soon. A highlight of the day will be a workshop with Canadian singer-songwriter Tony Turner on “Singing for Change”.



Metro Vancouver

UNITARIAN GATHERING

Gather
Connect
Inspire

Saturday
April 7th

9am—9pm
at the Unitarian Church of Vancouver
949 49th Ave West
Vancouver BC V5Z 2T1, Canada

March On

Lower Mainland Unitarians participated in “March On” on January 20th, also supported by Aline LaFlamme and the Daughters of the Drum. Regarding this year’s march, Aline said: “What I love this year is that we will not be marching against anything. We will be marching/walking towards our vision of a fair, inclusive, diverse, peaceful, holistic, equitable, environmentally sound and socially just society.”





**Sexuality:
Delicious.
Intriguing.
Satisfying.**

This is Better than Chocolate! (And it's only for Adults.)

When was the last time you had a thoughtful and fun conversation about sexuality? Remember your high school sex education? Ugh! Society is highly sexualized today and yet people don't REALLY understand sexuality and this robs them of deeper fulfillment. The Unitarian Universalist values of respect for all beings and an individual's own search for truth and meaning give us a unique opportunity to take a holistic look at sexuality, through the Our Whole Lives sexuality education program. This workshop helps you to:

- ❖ enhance self-knowledge,
- ❖ clarify your values and understand your boundaries,
- ❖ guide your kids/grandkids towards healthy sexual relationships,
- ❖ increase physical and mental well-being as you age, and
- ❖ have greater confidence to positively impact societal issues in this area.

No, you won't have to talk about your sex life, nor hear about the facilitators'! You will have fun. There will be chocolate! Join a safe, non-judgmental group for exploration where you will learn as much from the other participants as you will from the facilitators.

Free Introductory Session – The 5 Circles of Sexuality:

Friday February 2, 2018 7:00 to 9:30 PM. Location TBD

Free One day Adult Sexuality Education Workshop:

Saturday February 17, 2018 9:30 AM to 4:30 PM. Location TBD

Open to everyone 18 to 100. Interactive. Inclusive. Welcoming.



For more information or to register contact:
minister@beaconunitarian.org

Registration deadline: January 28th.

Facilitators: Margaret Smith & Rev. Samaya Oakley