Registration Form

Early Bird Deadline: March 18th

child(ren) while they are swimming

Payment procedure, see back panel. Registration Deadline: April 30th

Name:		Church:		
Address:			Vegetarian \Box	
Tel/Cell:	Email:			
Emergency Contact:	Phone #:	Relat	ion:	
Additional campers covere	d by this registration:	Age, if child	Vegetarian?	
Full weekend	Early Bird Rate Regula by March 18th by Apr			
Adult(s)	@ \$151 ea \$16		<u> </u>	
Child(ren) (3–17)			<u> </u>	
Child(ren) (under 3)	@ Free Fre	e = \$	5	
	n: Room in a 3-room cabin: preferred proximity to main lo			
As the camp fills up, it may	be necessary to share your	accommodatio	n.	
I prefer to share with:			_	
Sunday, June 10th: Please specify whether you Children's Program: Satur	Adult(s) or Child(ren) (3–17 Adult(s) or Child(ren) (3–13 I would like to join us for lu day, June 9th 10:30–12:30 a	7)	(circle one)	
Child(ren) (Program included with admission)				
Choral Workshop: Saturda Full weekend campe	ay, June 9th, 10–11:30 am, 1 er(s)	•	Sun. service) \$	
Sat. workshop with lur	nch & canoe/kayaking (3:30–5	om) @ \$67 ea =	\$	
Climbing Wall: 1 pm	:30–5:00 pm (ages 8 and up	@ \$12 ea =	\$	
Tax deductible donation to	help someone else come t	o Sasamat:	S	
Total:			5	
Subsidy requested:			5	
	pers only) It camper is needed to perf the camp (eg. dining room	orm a small	Initial below:	
	l be no lifeguard on duty du nge responsible supervision		Initial below:	

Payment Details

Make cheques payable to "Beacon Unitarian Church" and send with form to: Beacon Family Camp Registrar, #314 - 522 Smith Ave. Coquitlam, BC V3J 7X7. Cheques may be post dated to applicable registration deadlines. Questions? sasamat@beaconunitarian.org

What to Bring

Recommended

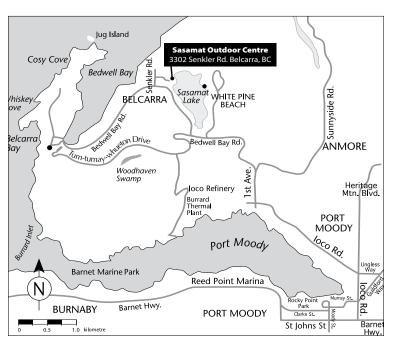
- · flashlight (paths leading to the cabins from the main lodge are not lit at night)
- · clothes for cold, rain, heat, extra shoes, umbrella
- · towel, face cloth, soap, personal care items
- sleeping bag, pillow, (foam pad for extra comfort if you sleep on your side)
- · earplugs (for light sleepers)

Optional items

- travel mug/dish if you wish to take food or drink outside
- camera
- · sunscreen, sun glasses, insect repellent
- · sports equipment: swimming suit and towel, bocce set, balls, badminton, boat (no motors) and life jackets
- sand toys for younger campers
- cards, board games, puzzles, books
- musical instruments, songs, battery operated CD player, CDs
- ideas, talent, skits, costumes for the "No Talent"
- · favourite grace for meals, spoken or sung

Location

Sasamat Outdoor Centre is set amongst the trees of beautiful Sasamat Lake, only 15 minutes from Port Moody. Drive NW on loco Road, following the signs to Belcarra. Turn right onto 1st Ave and continue as it turns into Bedwell Bay Road. Drive past the turnoff to White Pine Beach. Turn right at the stop sign, towards the Village of Belcarra. Turn right when you see the sign for Sasamat Outdoor Centre, at the bus stop at Senkler Road. Follow the dirt road to the camp.





Unitarian Family Camp at Sasamat Outdoor Centre Friday, June 8th, 6 pm - Sunday, June 10th, 5 pm

3302 Senkler Road, Belcarra, BC V3H 4S3







Outside was the silence, a sense of calm and peace against the green and blue of the landscape, being held in comfort by the trees—all there to nourish the spirit...

...and inside, what a vibrant community! Everyone pitching in to help, welcoming and helpful caring, exuberantly happy kids, threegeneration groups, good cheer and contagious laughter. Meals nourishing to body and well-being.

Connections with new acquaintances feeling like truly fortunate discoveries.

—Jean Donaldson

Camp Sasamat

Set in the natural splendor of Belcarra Regional Park, the camp offers swimming, boating, hiking and climbing. Chat, enjoy the water and woods and take part in activities in a cooperative atmosphere. *Note: Children love this camp but you do not need to bring kids in order to attend Family Camp!*

PROGRAMMING OPTIONS

Children's Program: Saturday, June 9th 10:30–12:30 am, 1:30–3:30 pm.

Activities for younger children (3–6 yrs) will include crafts, sports and games, led by Dan Coghlan, elementary teacher and member of the South Fraser Unitarian congregation.

The older children's program (approx. 7–12 yrs), organized by Sasamat trained leaders, will feature a variety of outdoor activities: orienteering, archery, the low-ropes course, capture the flag, and fort uilding.

Youth Program (approx. 13-16 yrs): The structure and content of the youth program is "in the works". Get ready for a great weekend at Camp Sasamat!

Children and youth programs are included in the full weekend and day-rate admission.

Climbing Wall or High Ropes Course

Climbing Workshops: Sunday, June 10th, 1–3 pm (wall), 3:30–5 pm (high ropes)

Challenge yourself and have some fun. Ages 6 to adult. Workshops \$12 ea.

Sing for Joy! Music Workshop

Saturday, June 9th 10-11:30 am, 1:30-3:30 pm

(& optional Sunday participation in the worship service)

Our music workshop will be led by Patti Powell, a community choir leader in the Ubuntu Choir Network: "Our mission is to "re-enchant" the world through group singing. We aim to be inclusive,

community-focused, non-auditioned and sociallyengaged." Patti leads four community choirs and is an apprentice conductor with Brian Tate and the City

Soul Choir (www.citysoulchoir.com). Come and sing for joy with Patti Powell! All voices are welcome.

Saturday workshop with lunch: \$67 (includes option to canoe/kayaking after the workshop, 3:30–5) OR \$33 if you're registered for the full weekend.

Tentative Schedule

Friday, June 8th		5:30 pm	Dinner
6:00	Registration, snack table	7:30 pm	"No Talent" Show
7:30 pm	Ingathering	9:00 pm	Campfire, sing-along
8:30 pm	Campfire, sing-along,	11:00 pm	Quiet time
11:00 pm	hot dogs provided Quiet time	Sunday, June 1 8:30 am	I 0th Breakfast
Saturday, June 9th		9:30-10:15 am	Choral Workshop (cont'd)
8:30 am	Breakfast	10:30 am	Intergenerational
10:00-11:30 am	Choral Workshop	•	Worship Service
10:30-12:30 pm	Children & Youth	12:00 pm	Lunch
	Program	1:00-5:00 pm	Canoeing & Kayaking
12:30 pm	Lunch	* *	(see waterfront staff)
1:00-5:00 pm	Canoeing & Kayaking (see waterfront staff)	1:00–3:00 pm	Climbing workshop #1 (Wall)
1:30-3:30 pm	Choral Workshop, Children's Program	3:30–5:00 pm	Climbing workshop #2 (High Ropes)
4:00 pm	Afternoon snack	5:00 pm	Camp ends

Camp Facilities

Lodge

- · covered porch
- · main hall with fireplace
- washrooms, showers, laundry (emergencies only)
- phone in the lodge

Cabins

- electric lights and heat
- single/double bunk beds with foam mattress

Grounds

- private beach
- dock
- rope/adventure playground
- · climbing wall
- trail around Lake Sasamat
- canoes, kayaks, life jackets when attendant is on duty in the afternoon

Camp Protocol

Camper Participation

 Each adult camper is required to help out with a volunteer duty during the camp (eg. dining room set-up, 15 min.)

Safety

- For safety and liability all campers must be registered.
- Sponsors of minors (one child per adult) must submit the Sponsorship Permission Form (below) along with their own registration.
- Use the buddy system at all times during outdoor activities:
- -All swimmers must have a buddy-See staff person for rules concerning canoes/kayaks
- Parents or sponsors are responsible for their children at all times.
- An adult (or responsible youth with parental permission) must attend children at the waterfront, at the ropes, or on hikes.

Mealtime

We have a catered camp with preparation and cleanup by camp staff. Advance notice is needed to prepare the correct quantities for meals.

- Dining room setup and cleanup is by camper volunteers, sign-up board in the dining hall.
- Mealtimes are strictly observed, latecomers cannot be served.
- Special dietary needs: Please contact the camp registrar, Laura Redmond, at sasamat@beaconunitarian.org.
 She will let you know if the camp can accommodate you. Special needs foods can be brought to camp, labelled, and placed in the refrigerator in the main hall. Microwave available.
- Camp dishes must be kept in the dining room. Bring a travel mug/dish if you wish to take food or drink outside.