

Water

The theme for February is 'Water'. We intimately know water as our bodies are 60%

made from it, we know we can't live more than 3-4 days without water; yet this intimacy breaks down when water is turned into a commodity. This month we bridge this gap through understanding the spiritual significance of water as well as the political, social and justicial perspectives.



For the Spirit of the Water

Rev. Helen McFadyen In 2004, Josephine Mandamin, an Anishabaabewe grandmother known as the "Water Walker" began a series of sacred walks. Traversing thousands of miles, Josephine walked around each of the Great Lakes with an open copper pail bearing water. Her purpose was to remind people of their connection to water, and encourage everyone to do their part to protect it.

Josephine's story moves and inspires me. But, to what? All the urgent demands around social and environmental issues can seem relentless and overwhelming. This year's Sharing Our Faith Sunday theme is Water. Today, we'll examine our spiritual connection to water, and name simple ways we can each "do our part" in protecting this sacred life source. Rev. Helen McFadyen works as Administrator of the Accessibility and Inclusion Ministry (AIM) certification program, assisting Unitarian Universalist congregations across North America to become more accessible, inclusive, and supporting of people with disabilities and their families. She is also advancing

her doctorate research on "The experience of mutual support in elders living in senior co-housing community". Helen recently joined the national CUC Truth, Reconciliation, Resource Team, to which she brings her Indigenous identity and an intersectional perspective. She lives in Victoria with guide dog, Camilla. Children & Youth: The children will learn about U.U. memorial rituals. The youth will explore sources, meanings, uses, and expressions of hope.

Into the Spotlight FEB **Out in Harmony Choir** 10

Director: Nicola Hamilton Service Leader: Rev. Debra Thorne *Out in Harmony* brings us the voices of women, of gay men, of people of colour, and of people from all along the queer spectrum. This is the heart music of people who refuse to be relegated to the sidelines. Music that calls everyone to community and to action. Music that moves our hearts as we move our bodies. It is music that shares our stories, expresses our lives, and defiantly shouts out to the world who we are. Help us amplify these voices and bring them into the spotlight. Children & Youth: The children will learn about the importance of community and the ritual of welcoming new members. The youth will explore spirituality and spiritual practices. • Beacon Birthday Soup Lunch



The nature of water is to move, fast or slow it doesn't matter. When water stills for too long it begins to grow algae, when it's plummeting it's dangerous. What does it take to get our lives moving when they are stuck? What does it take to slow our lives down when they are tumbling?

Children & Youth: The children explore actions and behaviors that create a welcoming environment. The youth will explore the meaning and role of reason in religion.



Lessons of the River

Rev. Katie Stein Sather and Carol Woodworth

Service Coordinator: Nancy Rupert Reverend Katie Stein Sather and Carol *Continued on page 2*

Minister's Message

January blew in a

new year and lots

of change at Bea-

con. I announced

be my last year at

Beacon and then I

that this would

would be mov-

ing to Vancouver



Rev. Debra Thorne

Island at the end of June to settle down with my partner Theo. Thank you for all the wonderful and heartfelt emails, telephone calls and warm hugs. Your messages meant so much to Theo and I, and reinforced everything I love about the Beacon community, and why it was such a difficult decision to make.

Theo and I will be testing life under one roof but not retirement. I will be exploring an opportunity to continue working as a minister with the Unitarian Fellowship in Nanaimo, who have been searching for a minister for three years.

This can be an emotional time. Endings often are. Especially when we have had such a positive and loving time together. There may be some fear of the unknown, some grief of loss, and maybe some relief. The Pastoral Care Team and the Committee on Shared Ministry are organizing small group opportunities for you to express your thoughts and feelings about this transition. Please look for the announcements about this in February. I too am available to be a listening heart, all you need to do is call me or send an email and we'll arrange a time.

We are going into this time of reflection and transition together, and we will create a good ending together as well.

The poet Mary Oliver, who died in January, captured our souls and our struggles and the love we have for this world. I turn to Mary Oliver for this moment of change, in my life and in yours, and share with you the final lines from *In Black Water Woods*:

To live in this world

you must be able to do three things: to love what is mortal; to hold it

against your bones knowing your own life depends on it; and, when the time comes to let it go, to let it go.

And so we begin the time of letting go. With compassion for the pain. With gentleness. With love. —Rev. Debra



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Choir Director: Angela Zhang choirdirector@beaconunitarian.org

Board Executive: Co-Presidents: David Kristjanson and Donna Hamilton; Treasurer: Carol Woodworth; Secretary: Gail Thomson; Members at Large: John Hagen, Janet Pivnick, Michael Scales, Elizabeth Campbell **Connections & Membership:** Joan Morris joanmorris@telus.net

Religious Exploration Director: Ashley Cole, dre@beaconunitarian.org

Beacon Newsletter: newsletter@beaconunitarian.

org Production: Laura Redmond Proofreading: Donna Hamilton

Deadline for article submissions is the 15th of the month, for inclusion in the following month's newsletter.

Sermon Descriptions

(Continued from page 1)

Woodworth are both devoted paddlers, spending many hours on the water. This Sunday they will share with us the wisdom they have gained while navigating the waterways of Canada. **Children & Youth:** Religious Exporation Spirit Jam Sunday!



We're Celebrating Beacon's Birthday on Feb. 10th!

Join us for a special soup lunch followed by an 'extravaganza of birthday cakes' on Sunday, February 10th, downstairs, after the service.

I'll be asking for donations after church on Jan. 27th and Peggy Lunderville will be doing the same on Feb. 3rd. We need soup, including vegetarian choices, fruit, veggies, breads or buns and butter and some festive desserts. Other lunch items such as deviled eggs are most welcome! You can reach me with questions, or a lunch offering at bjgoode@ hotmail.com or 778-874-9203. Thanks! —Bette Goode

Board Bitz

ell, we started the new year off with a very emotional and difficult board meeting. As you all know, Rev. Debra has decided that she will not be renewing her contract with Beacon after this church year ends. After many years of travelling back and forth between Vancouver and Nanaimo, Debra and her partner Theo have decided to make Nanaimo their full time home. We have been so fortunate to have had her with us for the past seven years, and although we wish Debra all the happiness in the world, we know that we are going to miss her very much.

Debra will continue to be with us until the end of June and during that time the board will be moving forward with the job of finding a new minister. On January 25th the board will be meeting with Joan Carolyn from the CUC where we will receive guidance and information to help us through this transition. Beacon is a strong community with many people who have been through this process before, so we feel very confident that we are up for the task. We will make sure that you receive regular updates on our progress over the next few months.

Another big transition this year concerns the position of Beacon's treasurer. After four years of hard work as treasurer, Carol Woodworth will be passing on the torch to Heather Brown, who has agreed to take on this important position. Heather will be joining the board right away as a member at large and Carol will be mentoring her over the next few

Some Charitable Thinking about *Sharing the Plate 2019–20*

bet you didn't know that there are over 86,000 registered charities in Canada. And I further bet that you've forgotten that Beacon will be naming a new *Sharing the Plate* charity at our annual general meeting in April. Unless of course you read our article in the January newsletter or heard about it in church. But sadly the STP committee has received no nominations as the February newsletter has gone to press. But we're still counting on you to find some good worthy local charity that would be a good fit for beacon in 2019–20.

Here are some examples of previous choices. In 2015: *I's On The Street*: training and gainful work for homeless men. In 2016: *Community Integration Services Society*: providing skills training and work experience for people with disabilities. In 2017: *Aunt Leah's Place–The Link*: providing a range of services and resources to youth transitioning out of care from the Ministry of Child and Family Development. In 2018: *Camp Kerry Society:* counseling and education for families coping with grief and loss.

As you see these have been very worthy recipients of our help in the past. Nomination forms can be obtained from committee members John Hagen, Dan Theal, and Theresa Morton; at http://beaconunitarian.org/ index.php/governance/; or from the greeter's table at the back of the hall on Sunday mornings. Thank you for your interest and please respond soon as the deadline is coming this month.

-John Hagen, Committee Chair





David Kristjanson

Donna Hamilton

months so she will be ready to take over as treasurer after the AGM. We are very excited to have Heather join us and know that she will be a wonderful addition to the board.

With Heather taking on the role of treasurer, she will be giving up her Sunday job as our sound tech. We are very happy to announce that Tyler Ewasiuk has agreed to take over that position. Tyler has already been doing a great job filling in for Heather when she has been away, so it should be pretty smooth sailing. This also means that there will be an opportunity for someone to become Tyler's back up sound tech. It is a very cool job. If you think that you, or someone you know, might be a good fit, talk to Tyler or Heather.

One more transition to think about at this time is the transition to a new charity for our 2019-20 Sharing the Plate program. John Hagen will be working with the members of the Sharing the Plate Committee to find a few good candidates for us to vote for at the AGM. If you know of a worthy local charity that you would like to put forward, there will be forms at the greeters table for the next few weeks. You can also print a form from the Beacon website (beaconunitarian.org) and email it to John at ajhagen@telus. net. Click on the tab 'About Us', then down to 'Governance' and you will find it under Beacon Documents.

— David Kristjanson and Donna Hamilton, Co-Presidents

Inside Beacon

'Plastic Groceries'



Are you concerned about the amount of plastic you 'buy' when you do your grocery shopping? Produce in plastic wrap, bread in plastic bags, dairy products in plastic tubs, meat on black plastic trays?

Teresa Morton

You already take your cloth shopping bags and produce bags. You already choose products that have less packaging. However, there is a limit to the options you have if your grocery store doesn't stock many 'plastic-free' products.

We know that non-plastic packaging options exist (cardboard, paper, plantbased wrapping film, using reusable containers). We know that grocery stores can ask their suppliers to use the greener options. Here are some things that can be done:

- 1) Contact the chain's head office
- 2) Share the names of 'green' grocery stores
- Let the stockers and the cashier know that we are looking for 'less packaging' options
- 4) follow Zero Waste Canada
- 5) support farmers markets and local producers
- 6) use fewer prepared foods by making our own versions

Elizabeth C. asked, "How can this be done? Can Beacon do this?"

The answer is YES Beacon could do this! It would need a couple of committed people to organize the campaign and to prepare good letters to send to the head offices, perhaps even lobby our local governments. It helps to keep things SIMPLE and make it EASY for our members to participate. Contact me if you want to get started! Teresa.a.morton@gmail.com. —Teresa Morton

Let's connect

ave you ever had a good look at our *Sing-ing the Living Tradition* Hymnal? This is an amazing, rich source of music and inspiration.

I was moved to take a closer look at our song books after Donna Hamilton shared with me, the other day, her experience at Winter Eliot, the Unitarian Universalist (UU) winter family camp at Seabeck WA (see Donna's article on page 7). Jason Shelton, a UU minister and composer and inspi-



Joan Morris

rational speaker, gave the daily presentations. Among other things, he talked about the UU hymnals and all of their resources are based on our Unitarian principles and sources.

Beginning right in the opening pages, our principles and sources are listed. Then a listing of the "Hymns" related to our sources under the categories: Transcending Mystery and Wonder, Words and Deeds of Prophetic Women and Men, Wisdom from the World's Religions, Jewish and Christian Teachings, Humanist Teachings. At the end, after all the songs, there are many inspirational readings, also organized according to our sources.

Here is one reading related to the questions¹ we asked last month in the *Let's Connect* column (January edition of The Beacon).

A Litany of Restoration (#576) by Marjorie Bowens-Wheatley

If, recognizing the interdependence of all life, we strive to build community, the strength we gather will be our salvation. If you are black and I am white, *it will not matter*. If you are female and I am male, *It will not matter*. If you are older and I am younger, *It will not matter*. If you are progressive and I am conservative, *it will not matter*.

If you are straight and I am gay, It will not matter.

If you are Christian and I am Jewish, It will not matter.

If we join spirits as brothers and sisters, the pain of our aloneness will be lessened, and that does matter.

In this spirit, we build community and move toward restoration.

When you have a moment, take a look through our hymnals for some inspiration. You are bound to find something that fits your beliefs and values.

> Connecting and Membership: Joan Morris, Phil Campbell, Joyce Gudaitis, Susan Tarras, Rev. Debra Thorne.

¹ *Will I Be Welcome Here*? Are we welcoming despite a person's diverse beliefs, colour, health, income or education?

Religious Explorations





Eden Fine Day Patten

Ashley Cole

This February RE will be continuing with lessons around the history and rituals of our own Unitarian tradition. Children will be learning about memorials, welcoming new members, and creating welcoming spaces. The youth are exploring what UU means to them and how that is expressed in our community.

Often times our RE lessons focus on a variety of topics from the wider world, and this can cause us to miss out on learning the meaning behind our own Unitarian practices. This is why our focus this year has really been about creating a solid foundation. You may have also noticed at both the ingathering water ceremony as well as the recent fire ceremony the presence of our whole community-families and all! This was intentional and is meant to allow seasoned Beacon friends and members to model for the children the rituals (such as the water, fire, & flower ceremonies) that inform and enrich our lives as Unitarians. And it has been a real treat for me as the DRE to witness this partnership.

I have used social media to highlight Unitarian traditions as well. I have recently updated the Beacon RE Instagram page to display some highlighted videos that show off our church, our principles & sources, and some of the RE programing. If you haven't already, take a moment to have a look! You can search beacon.r.e on Instagram or click on the camera icon in my weekly email blast that comes out each Friday.

That is it for now, until March! —Ashley Cole (she/her pronouns) Director of Religious Exploration, Youth Coordinator dre@beaconunitarian.org

Circle Dinners

ur next Circle Dinners will be on Saturday, February 23rd. These popular potluck dinners bring together small groups of Beaconites and their friends to share an evening of good food, good conversation and good company. Each dinner has about 6 to 8 participants, and would be held in somebody's home, day or evening, or even in a restaurant! It is a wonderful way for newcomers to get to know some Beaconites, and for seasoned Beaconites to get to know the newcomers! And a good time is had by all! Families welcome.

As usual, we will start by looking for people to host one of these gatherings on Feb 23. If you would be willing to host in your home, please let Donna (donna-h@telus.net) or Joan (joanmorris@telus.net) know as soon as possible.

Last time we tried a dinner at a restaurant—this allows someone to host who may not have room in their own home to do this. It was a success, and although restaurants are notoriously noisy, we'd like to offer it again. If you would like to try hosting at a restaurant, please talk to Donna or Joan—the choice of restaurant would be key—not too expensive, but not too noisy!

We will send out email invitations early in February to folks who have participated in the dinners previously. If you've never been to a Circle Dinner, and would like to try it sometime, just drop us a note at the above addresses—and we'll add you to the list!

—Donna (donna-h@telus.net) and Joan (joanmorris@telus.net)

Photography as Spiritual Practice



Have you ever considered taking photographs as a spiritual practice? If so, here is something that might interest you. Reflecting on Beacon's monthly themes for your inspiration, look around you as you go about your life, and when your eye finds an image that speaks to you or reveals something about the theme, pull out your phone or your camera and catch the moment.

On the 15th of the month, upload your best pictures to Rev. Debra via her email, minister@beaconunitarian.com. Please limit your 'best' to no more than three. The next Sunday you'll see your photos during the Sunday service meditation. The best photos will also be uploaded to the Beacon FB page.

The themes for the remainder of the year are: Water (February) Freedom (March) Wholeness (April) Curiosity (May) Celebration (June). Enjoy the process!

Beacon Programs

We invite you to explore these great ways to connect to the Beacon community and yourself!

Soul Matters Groups delve into the monthly sermon themes—part personal sharing and part spiritual deepening. Group 1 meets the 3rd Wednesday of each month at 1 pm; and Group 2 meets the 3rd Thursday of each month at 7 pm. Email minister@beacon unitarian.org for more information.

The Humanist Discussion Group

meets the last Sunday of the month at *The Astoria Retirement Home* (2245 Kelly Avenue, Port Coquitlam) to discuss a wide range of current topics. **January 27:** Marilyn Medén will lead a discussion on *The Pros and Cons of Nationalism*.

February 24: John Hagen will lead a discussion on *Economic Nationalism.* Please contact Marilyn Medén at m.j.meden@telus.net or 604 469 6797.

Lunch Bunch meets every Thursday at noon, year-round. Bring your own lunch and share in lively and topical conversation. Contact Anne MacLeod at 604-524-2434.

Join the Beacon Choir for musical fun and skill development. Choir rehearsals are on Tuesday evenings, at 7:30 pm, at Miller Park School. Contact choirdirector@beaconunitarian. org. All voices welcome!

Book Club meetings are held on the 4th Thursday of each month at 7 pm. See the sidebar for details on this month's book. For meeting location details contact John Hagen, ajhagen@telus.net.

Settlement 2: The Settlement 2 task force is organizing the sponsorship of four further members of the Al Rbaai family. Please contact Peggy Lunderville for meeting times and dates: prlunder@gmail.com. All are welcome.

Attend a 'Getting to Know U'

session to meet other newcomers and deepen your knowledge of how Beacon functions and what Unitarianism is. Please contact Rev. Debra (minister@beaconunitarian.org) if you are interested in attending the next meeting on Friday March 1st at 7 pm.

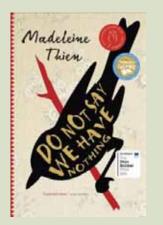
Help out on Sunday mornings as a Coffee Host (contact Joan Morris, joanmorris@telus.net), or sign-up as **a Sunday Morning Greeter** (contact Susan Tarras, starras@telus.net).

Attend a Circle Dinner and connect with other Beaconites in a relaxed setting. For more information contact Donna Hamilton (donna-h@telus. net) or Joan Morris (joanmorris@ telus.net).

Youth Group: Contact Ashley Cole, dre@beaconunitarian.org, for more information.

Book Club Pick for February: *Do Not Say That We Have Nothing* by Madeleine Thien, c. 2016, 473 pages

This extraordinary novel is set in China before, during and after the Tiananmen Square protests of 1989. With the ease and skill of a master storyteller, Thien takes us inside an extended family in China, showing us the lives of two successive generations—those who lived through Mao's Cultural Revolution in the mid-twentieth century; and the children of the survivors, who became the students protest-



ing in Tiananmen Square in 1989, in one of the most important political moments of the past century.

With exquisite writing sharpened by a surprising vein of wit and sly humour, Thien has crafted unforgettable characters who are by turns flinty and headstrong, dreamy and tender, foolish and wise. At the centre of this epic tale, as capacious and mysterious as life itself, are enigmatic Sparrow, a genius composer who wishes desperately to create music yet can find truth only in silence; his mother and aunt, Big Mother Knife and Swirl, survivors with captivating singing voices and an unbreakable bond; Sparrow's ethereal cousin Zhuli, daughter of Swirl and storyteller Wen the Dreamer, who as a child witnesses the denunciation of her parents and as a young woman becomes the target of denunciations herself; and headstrong, talented Kai, best friend of Sparrow and Zhuli, and a determinedly successful musician who is a virtuoso at masking his true self until the day he can hide no longer. Here, too, is Kai's daughter, the ever-questioning mathematician Marie, who pieces together the tale of her fractured family in present-day Vancouver, seeking a fragile meaning in the layers of their collective story.

With maturity and sophistication, humour and beauty, a huge heart and impressive understanding, Thien has crafted a novel that is at once beautifully intimate and grandly political, rooted in the details of daily life inside China, yet transcendent in its universality.

(Source: Burnaby Public Library Catalogue)

How do you make a community hall into a sacred space?

Every Sunday morning, we make Sapperton Hall into a space that welcomes the community and invites worship. Would you like to put your creative talents to use and be part of a team that infuses our space with warmth and touches of beauty?

Contact David Kristjanson: davidhardy@telus.net.

Beacon Pastoral Care Committee

The Beacon Pastoral Care committee, headed by Rev. Debra Thorne, consists of Judy Villet, Beth Connelly, Stacy Finch, and Laura Redmond. If you or someone you know is in need of pastoral care please let one of these people know.

Report from Winter Eliot

I had known what a powerful experience it would be at Winter Eliot, I would definitely have tried harder to promote it to you all!! (I was the only one from Beacon—there were 13 there from South Fraser!) I usually go to Eliot Camps (https://www.eliotinstitute.org/) no matter who the speaker is—for me it is a bonus if the speaker is wonderful. I knew the speaker would be Jason Shelton, but had no idea that his talk would be so relevant to more than musicians.

Jason was a powerful, enthusiastic, engaging speaker. The title of the presentation should've given me a clue: *What We Sing is Who We Are*. The three days of talks sort of followed the song: *Where do we come from*? followed by *What (or who) are we*? and *Where are we going*?

Jason talked about the transformative power of music in community—as he says, what we sing becomes the soundtrack of our life—it matters what we sing. We can tell the UU story with hymns from our hymnbooks, which are arranged in chapters which each relate to one of our UU sources—it matters what we sing. When we sing "our" story—whose story are we singing? Who are we? It matters what we sing!

Jason talked a lot about community. He said that his presentation was not really about music—music was just the hook—we were really talking about doing the work to make our community the one we aspire to belong to. He says we all have work to do; community is where we come to do that work together. Or, community is the place where I/we come to be changed.

I find it hard to convey the excitement that was felt at this camp. However, Jason will be speaking at two future Eliot Summer Camps (August 2020 and July 2021), and I believe he will be presenting a workshop in Vancouver in September 2019. Don't miss it!

—Donna Hamilton



Travelling Chalice tableau by Cathy Tingskov. See Ashley Cole, DRE, to borrow the Travelling Chalice for yourself.

Curious about energy healing?



Laura Redmond is taking the Integrative Energy Healing program at Langara College and requires volunteers to practise the treatment techniques she is learning. Here is a short description of what to expect: *Integratve Energy Healing (IEH) is an blend of ancient Eastern healing practices with Western scientific discoveries. Integral, whole-person approaches to*

wellbeing are the focus of the program. What happens in an IEH session? Student practitioners conduct a short intake interview. The practitioners will do an assessment of your energy field (biofield), noting any imbalances. Then they work with your energy field by way of gentle hand placements on the body (or off the body, as you prefer). The sessions are usually 60 minutes and include a focus, one somatic-energetic holding treatment, and dialogue. Clients can be seated or lying down on a massage table. Most everyone will benefit from a session. Elderly clients have shorter sessions. Contact Laura at lauraredmond2@telus.net to set up an appointment.

February is Canadian Unitarian Council Month

This month we are highlighting the Canadian Unitarian Council's *Sharing Our Faith* program. It encourages greater associational awareness in our congregations, the fostering of relationships, and a sense of community and connection among and between our member congregations and communities.

Each year, the CUC encourages all congregations to hold a *Sharing Our Faith* service and take up a special collection. The collection is administered by the CUC and given directly back in the form of grants to congregations applying for projects they may otherwise not afford to undertake; which enhance ministry, growth and/or outreach for that congregation and for the Unitarian and Universalist movement.

Four congregations received Sharing Our Faith grants in 2018:

• Unitarian Universalist Congregation of Durham: \$4,500 towards parttime consulting ministry, and to grow family interactions and attract new families through enhanced programming

• Unitarian Universalist Fellowship of Kamloops: \$4,500 to rent a permanent space for more visibility and outreach

> We decided to broaden our understanding of justice issues allowing the theme of water to hold all of this diversity.

- Comox Valley Unitarian Fellowship: \$4,116 for support staff to increase the congregation's capacity for outreach and communication through quality engagement with children, youth and their families
- Salt Spring Island Unitarian Fellowship: \$4,580 towards developing a children's religious exploration pro-

gram; there are currently no other faith-based children's programs on the island

As Canadian Unitarian Universalists, we seek to be actively engaged, to work joyfully for a just and compassionate society. This aspiration for Canadian Unitarian Universalism was affirmed at the CUC Annual General Meeting in May of 2016. Arising from the foundational theology of our second principle, "justice, equity and compassion in all human relations", this aspiration asks us to live this principle through action and social justice.

The CUC will focus its social justice work on water for the next two years, therefore the theme of the 2019 *Sharing Our Faith* Sunday is 'water justice'. Knowing that we are a national religious organization and that each region within our country has its own specific justice issues, we decided to broaden our understanding of justice issues allowing the theme of water to hold all of this diversity.

National Book Club

ould you like to be part of a cross-country book club for Unitarians? We are facilitating groups of 6–8

to find each other and agree on a first book and a time frame to meet using zoom technology (provided by the CUC).

Both of these first two book clubs will be discussing Madeleine Thien's *Do Not Say We Have Nothing*.

More details can be found here: http://vancouverunitarians.ca/canadian-unitarian-book-group/. Or email Mary Maler in Montreal who initiated this idea at mmaler@videotron.ca or Mary Bennett in Vancouver at mary invancouver@gmail.com.

Upcoming Courses

Roundtable: Practical Applications of Social Media

February 9, 9:30–11:00 am PT, facilitated by Margo Ellis, the CUC's Communication and Web Manager.

We'll discuss various social media concerns such as who is doing social media in your congregation? What social media channels are you using? What are you social media goals? What's working, what's not? More info: <u>https://cuc.ca/events/round</u> <u>table-practical-applications-of-social</u> <u>-media/</u>

Webinar: Worship as a Beacon for Congregational Growth Saturday, March 30, 9:30–12:30 PT Cost: \$35 per session (2 sessions)

In part one, we'll explore ways to create meaningful worship that engages minds, hearts, and spirits. Our presenter is the Rev. Dr. Barbara Wells ten Hove. More info: <u>https:// cuc.ca/events/worship-as-a-beaconfor-congregational-growth/</u>

Virtual Gathering: Hope in Hard Times

Wednesday, March 6, 4–5:30 PT or Saturday, March 9, 9:30–11 am PT

Arising out of a common concern, voiced by religious professionals, we invite people to join in this time of reflection and sharing – looking at the ways we find Hope in Hard Times. More info: <u>https://cuc.ca/events/gath</u> <u>ering-hope-in-hard-times/</u>

