

NOVEMBER SERVICE THEME:

The right of conscience and the use of the democratic process within our congregations and in society at large.

Following are the tentative topics for our November on-line meetings, using the Zoom platform. Please check the website closer to the date in case any changes have been necessary.

NOV 1 Every Day Saints and the Power of Disobedience

Guest Service Leader: Joe Jencks, International Touring Musician
Service Coordinator: Nancy Rupert
The 5th principal of the Unitarian Universalist faith tradition states that we uphold “The right of conscience and the use of the democratic process within our congregations and in society at large.” But democratic values live not only at the ballot box, they also live in the streets and in our financial choices.

We talk about civil disobedience as a tool of free and democratic society, and an expression of conscience. But what of ‘economic disobedience’? How can civil dissent lead to strengthening the fabric of community and civil society?

There is no easy answer, and still we ask the questions: Whose voice is left out of the conversation? How are we accepting our own unconscious bias? How do we craft a governing process that can be an expression of *agape* – of love turned into conscientious action?

Join international touring musician and guest service leader Joe Jencks, on Sunday November 1st, for a celebration and exploration of these questions and more, in story and song.

NOV 8 What Can Democracy Look Like?

Rev. Meg Robert

The United States election on November 3rd will have massive impacts not only on that country but on Canada and the rest of the world. We’ll gather together to make sense of what has happened that week. Bring your heads, hearts, hands and spirits as we share what democracy means for us here and now.

NOV 15 Sustaining Our Light

Canadian Unitarian Council will host this Cross Canada Service (10 am PT via Zoom: <http://bit.ly/UUService>).

This national service focuses on “Sustaining Our Light” during these unusual and troubling times. Filled with music and reflections, and with participation from Unitarian Uni-



Join international touring musician and guest service leader Joe Jencks, on Sun. Nov. 1st.

versalists across Canada, the service explores why we need each other and offers opportunities for us to connect and create community together.

NOV 22 How Can We Use Our Conscience Responsibly?

Rev. Meg Roberts

Freedom of religious thought and right of conscience are embedded in our Unitarian Universalist foundation. How do we deal with the tensions that can arise between our individual conscience and the well-being of others in society at large?

NOV 29 Welcoming a New Year: Practices to Reduce Trauma in Daily Life

Service Leader: Janet Pivnick

In the past year, trauma has become part of everyday experience for most of the world. 2021 will not likely bring the immediate relief that many have hoped for, but we can find new ways to deal with the sense of overwhelm. This service focuses on practices to help manage that sense of trauma as it arises in each of our lives.

Musings by Meg

November is framed by our fifth principle: We affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large.

I was listening to CBC Radio “Ideas” interview of Colonel Lawrence Wilkerson by host, Nahlah Ayed. Col. Wilkerson spent over 30 years in the U.S. Army, was chief of staff for former Secretary of State, General Colin Powell, and is a life-long Republican. He is aware of the maldistribution of wealth and has been warning how massive military spending is turning the United States into what he calls a “warfare” state. Whatever your political beliefs are, he is an example of a person who is using his right of conscience to speak out about things that are not popular within his own party and the military establishment. He is doing it because he believes speaking out will help save his country and will help readjust things back to a “welfare” state where the needs of the many and those most at risk are addressed. He is putting his hope in the younger people from both political parties who do not have the same investment in the present power structure and democratic system.

Later in the interview he talked about working on the National Task Force on Election Crises. They’re looking at simulations of various scenarios of violent civil unrest. They are preparing just in case. It may not happen, or there may be only isolated instances. It was sobering. How do we respond as Unitarians in promoting democratic process if it isn’t effective? I know I am not alone in worrying about what may happen before, during and after the election, whatever the outcome. So, if you are also worried, what do we do?

I believe it is important to recognize how we are feeling and the level of stress we’re experiencing. Some of you may not be feeling much stress, or only from time to time, while others may be experiencing it intensely. The election stress can be compounded by the stress you feel about the pandemic, health, finances, the earth, or other areas in your life or in the lives of those dear to you. Here are some recommendations from various health and wellness sources:

- While supporting the democratic process means staying informed, it does not mean staying glued to the news for hours on end each day. Decide how much time you want to spend so you are not feeling overwhelmed and still have energy for other things that are good for your health. Perhaps choose two times during the day you will watch/listen/check on the news.
- Bring a pause into your reactions: mindfulness means being aware here and now. Notice how your body is reacting, how you are feeling in your heart, mind and spirit, and then intentionally pause and take a deep breath or two to re-centre yourself.
- Remember to see what is happening in a bigger perspective, both from your life, and the life and history of the world. Consider what you believe and how it can support you now (whether you believe in the power of humans to effect positive change over time; the power of community; or the healing power of the earth, the universe or the divine). I’ll be including in November’s theme packet some ways to support these reflections.
- Find someone to talk to. If you are feeling overwhelmed, reach out to those you trust. That can also mean me or others on the pastoral support

team: pastoral-care@beaconunitarian.org. Also talk about positive things you are experiencing and things you feel grateful for.



Rev. Meg Roberts

- Reach out to those who may be most affected. Perhaps you’re not feeling the stress as much, so consider others in the congregation or in your circles who may be. Check in with them. Listen compassionately. I recommend not getting into debate or intense discussion if people are feeling particularly vulnerable. Just be there with them so they are reminded they are not alone. We are part of a caring community.
- Increase those things that help to ground you: spiritual practices (meditation, prayer, connecting with nature and the earth); get some fresh air; eat well; if your sleep is affected, do those things that have helped you in the past.
- If you don’t feel you are coping on your own, reach out to a professional: your doctor, counsellor, or minister.
- Decide on those things you can do to help yourself and others—even one thing a day can help ease the stress.

We are in challenging times. Being part of a democratic process in our congregation means we are looking for the voice of the people, listening to those on the margins as well as the majority, those in need as well as those who can offer care. Hearing each other now, with all our differences and similarities, is a way to live our democratic process in this community.

—*In the spirit of life*, Rev. Meg Roberts
(See page 3 for how to best reach Meg this month.)

Board Bitz

It feels like the fall is flying by. October brought us wonderful services every Sunday focusing, this month, on our 6th principle—the goal of world community with peace, liberty, and justice for all. Thank you to Rev. Meg Roberts and Worship Services Committee for bringing us such beautiful, inspiring, and moving services. We are truly blessed to have such talent in our church.

We are also blessed to have Ashley Cole as our Director of Religious Exploration. Ashley has been coming up with new and fun ways of connecting with the children, youth, and families of Beacon during this time of pandemic.

The Beacon coffee hour happens every week right after the service where we have a chance to further discuss the service or just visit. On the third Sunday of each month, Franci Louanne brings us Theology Pub, and the Humanist Group meets on the last Sunday of the month—always very interesting topics and discussions.

Beacon is not just ‘Sundays’ though. Our community is full of fun and interesting ways to connect. The first Wednesday of the month brings us an afternoon and an evening session of Soul Matters, where Rev. Meg takes us deeper into the previous month’s theme. Lunch Bunch has been meeting once a week at noon for many, many years and they still meet every week, but now they meet for lunch online. Check out *Beacon This Week* for information on how to join them in conversation.

Every Friday evening at 7:00 there is Film Club. We rate each film and give our reviews. It is amazing how the same film can receive so many different ratings. We really are a diverse bunch. All films are available for rent on YouTube, and our films

for November are *Get Out*, *Rust and Bone*, and *Malcolm X*. For those of us who love to read there is the Book Club on the fourth Thursday of the month. If you like talking about books this is the place to be. In October we read *Educated* by Tara Westover and in November we will be reading *A Tale for the Time Being* by Ruth Ozeki. Great books and great discussion. To find out about any one of these activities look under Programs on the Beacon Website www.beaconunitarian.org.

In November, besides all of Beacon’s wonderful Sunday services, Rev. Meg will be offering a course in building an inclusive community that works to create racial justice (see page 5). Also, on the weekend of November 13–15, the Canadian Unitarian Council will be holding a National and Regional Fall Gathering including a national Sunday service.

I am hoping that by reminding you of all that Beacon has to offer, you will remember that although the world has changed, we still have each other and many ways of being together. It may be different, but the essence remains the same. Now, more than ever, being part of a vibrant community is crucial to our individual health and well-being. The strength of our Beacon world supports each of us to live our principles and to **Connect with Compassion & Respect, Inspire Learning & Spiritual Growth, and Transform through Joy & Justice.**

The generous donations of our members and friends is what makes this all happen. We are just winding down our [2021 Pledge Drive](#): ‘**Our World is One World – The Way We Share Affects Us All**’. If you have not yet filled out your [Pledge Form](#), we urge you to do it now so we can plan for the new year. If you have already

made your pledge for 2021, we thank you for making us financially strong and able to sustain and grow this beloved community that we all love and cherish.

— David Kristjanson, President



David Kristjanson

Connecting with Meg in Nov.

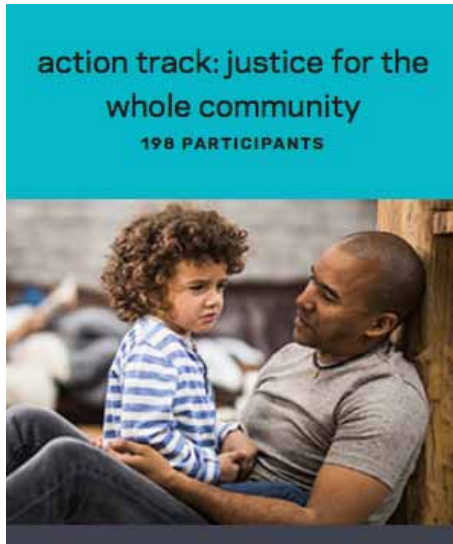
Because I’m working 1/2-time from home, here’s how best to reach me:

- My regular Beacon days for meetings are Wednesdays and Thursdays. To support emotional connection and physical distancing, I’m available for appointments via Zoom or phone. (If you would like an in-person pastoral visit, we can discuss what is possible within both the BC Health Officer’s guidelines and Beacon’s meeting guidelines. At present, our Provincial Health Officer is encouraging us to limit the number of people we have contact with; as part of a caring community, I recognize there are times when extenuating circumstances may arise.)
- On weekends when I lead Beacon’s Sunday service, I also work Fridays, Saturdays and Sundays—focusing on service preparation those days as well as other work. I will respond to emails and phone calls on those days as well. (This month, that is Nov. 6–8 and Nov. 20–22.)
- Mondays and Tuesdays are my regular days off.
- I can be reached via email: minister@BeaconUnitarian.org and on my cell at 778-870-9015. I will respond as soon as I’m able. If it’s an emergency, please leave a message on my phone. I look forward to connecting with you.

Rev. Meg Roberts

The People's Ecochallenge October 7th to 28th!

We are one week into the Ecochallenge and together our 15 members have amassed 1286 points! As a different



way of looking at our impact, so far we have collectively had 19 meatless or vegan meals; spent 257 minutes outdoors; saved 1 pound of CO₂; and spent 167 minutes learning all sorts of good useful stuff! It has been fun to check on the site and see how our team ranks with others and to share the successes as we go along.

For me, the Ecochallenge is proving to be an excellent opportunity to evaluate my entire life for sustainability. It is a bit like measuring an extended carbon footprint. The suggested actions provided by the Ecochallenge website are wide-ranging and show a huge diversity in intensity and focus. Take for example the [category of Justice for the whole community](#). It touches on environmental justice,

power security, barriers to voting, food sovereignty, seeing systems, and the sharing economy.

I welcome the focus the Ecochallenge allows; with all the initiatives crowding our busy lives, it is good to zero in on the environment for a while, especially in the midst of the pandemic. And the 'building new habits' component of the Challenge helps to ensure that our precious planet remains a priority in my life.



Teresa Morton

—Teresa Morton

Teresa.a.morton@gmail.com
or 778.855.1704

Children and Youth Religious Exploration (CYRE)

Hello everyone! In these virtual times we strive to find new ways for families to connect as we recognize the vital contribution families make to a vibrant community. The Children and Youth Religious Exploration Committee has launched a monthly religious exploration newsletter that will include upcoming events and activities for families on the monthly theme, based on our Unitarian Universalist principles and structured around the well-loved chalice lighting words: *We are Unitarian Universalists, with minds that think, hearts that love, and hands that are ready to serve*. Each month we will provide family activities for head, heart and hands. The newsletters are available on the Beacon website, under the Programs/Religious Exploration tab, and will be mailed out to registered families. The

mail-out will include some additional gifts/resources so if your family is not already on our list, and would like to register for a physical copy, please reach out to me at dre@beaconunitarians.org.

This November, we are happy to announce that the CYRE committee will be offering a virtual version of our annual Night Tree party. The Night Tree party is a celebrated tradition that includes the reading of the story *Night Tree* by Eve Bunting while crafting animal friendly treats such as seedy pine cones and popcorn/cranberry garlands. The night concludes with a round of singing classic carols in the moonlight. This year we will provide a similar structure, but we'll use Zoom to connect from the comfort of our own homes. The Night Tree Party will be on Nov 28th: 6 pm drop-in chat; 6:30 pm story &

craft; 7 pm carol sing along. If you are interested in attending please email me at dre@beaconunitarian.org.

And finally, Rev. Meg and myself are hoping to host a December pageant like in years past, but we need your help! We need volunteers to help us with acting and singing! Our current plan is to adapt the classic tale *A Christmas Carol* with a bit of a Unitarian Universalists twist! If you are interested please send me an email. Looking forward to creating beloved community programming with all of you!

Wishing you all well,

—Ashley Cole (*she/her pronouns*),
Director of Religious Exploration,
dre@beaconunitarian.org



Ashley Cole

Racial Justice and Inclusion

Living our UU principles: Spiritual Growth and Justice Equity and Compassion in Human Relations

Workshop Series: Understanding Deep Diversity and Learning to Identify and Shift Our Racial Discrimination

Facilitated by Rev. Meg Roberts

6 Saturdays, 10 am–12 pm, Nov. 7, 21, Dec. 5, 19, and Jan. 9, 23

• Registration Deadline is November 3rd

I invite you to join me in a 6-part workshop series learning about how to overcome the “us” versus “them” reaction that arises when we face difference. The practices can apply to various types of discrimination—we will focus on racial discrimination as we engage in anti-racism work.

We will use Toronto author Shakil Choudhury’s book *Deep Diversity: Overcoming Us vs. Them*. The following quote will give you a sense of the book: “To really work through issues of racial difference and foster greater levels of fairness and inclusion requires an understanding of the human mind—its conscious and unconscious dimensions. *Deep Diversity* integrates Choudhury’s twenty years of experience with interviews with researchers in social neuroscience, implicit bias, psychology, and mindfulness. Using a compassionate but challenging approach, Choudhury helps readers identify their own bias and offers practical ways to break the “prejudice habits” we have all learned, in order to tackle systemic discrimination.”

The book combines four key questions with five key skills for our toolkit. The questions are: 1. What are the influences of emotions in this situation, group or issue? 2. What are the influences of bias? 3. What are the influences of tribes? 4. What are the influences of power? The five skills are: self-awareness, self-regulation, empathy, relationship management and conflict management.

We will bring in examples from recent local, national and N. American events. We will also look at larger systemic racism, what motivates it and why it continues.

Engaging in racial justice and inclusion work takes ongoing commitment and is also very rewarding. I believe that this workshop series offers us resources to support transforming ourselves, our community and our society.

Here’s what will make it possible for me to offer these sessions:

- A group of 8–15 people committed to attending the sessions. (If you have to miss a session because something pressing comes up, that’s understandable.)
- Reading 1–2 chapters between sessions (sessions are 2 weeks apart).
- Spending time reflecting on your reactions (thoughts, feelings, body response) as you read the book. We’ll take time during each session for reflection as well.
- Bringing an open mind and heart, curiosity, compassion and a willingness to being changed by what you are reading and sharing.

Please email me as soon as possible if you’re committed to taking the course and we’ll arrange for you to get a copy of the book (because they aren’t available to buy online) minister@beaconunitarian.org

If you’re not sure and want to know more, please contact me. I look forward to learning together!

—Rev. Meg Roberts

Note: For anyone interested, please see the box on page 7 for some other racial justice resources.

Allies for Racial Equity

Between reconciliation work with Indigenous people, and protests around the world against systemic racism towards black people and people of colour, anti-racism is front and centre in many people’s minds these days. As someone who wants to be an ally to this work (a white person who is working towards anti-racism), a good place to start is with an internal journey. What is my own story of racism? Why do I want to work towards anti-racism? Where are the places that this movement is causing me discomfort, or where conflicting values are arising?

This unpacking of our internal relationship to race can be confusing, destabilizing and just plain difficult. As has been said, for white people in North America, privilege is just the waters in which we swim and so it is hard to identify when it arises. It’s important to find a support network while doing this work, but talking with Black, Indigenous and People of Colour (BIPOC) about what’s arising for an ally is shifting emotional labour to the very communities that have been bearing the weight of racism.

Enter *Allies for Racial Equity*, a Unitarian Universalist group with the following purpose: “*Allies for Racial Equity* disrupts oppression, uproots white supremacy, and plants seeds of justice. This is a ministry of faith which leads all who participate to spiritual growth and wholeness. We honor each other’s humanity and capacity for growth by offering ourselves and each other grace and accountability” (From their website: <https://alliesforracialequity.wildapricot.org>.)

I started out simply by joining their e-mail list to receive information about their work. In September, they

Continued on page 7

Beacon Programs

We invite you to explore these great ways to connect to the Beacon community and yourself!

The Humanist Discussion Group (Online)

likes to think about and discuss our common humanity, and our place as individuals and collectives in this dance of life. We are a group who welcome different points of view and discuss a wide range of ideas. We meet the last Sundays of the month, via Zoom.

Sunday, November 29, 7 pm: The post-coronavirus world and the “new normal”. *What will it look like? Will it be better or worse than the “old-normal”? And what have we learned from all this?* Led by John Slattery.

If you are interested, but have not been receiving emails about the Humanist Group, please contact Marilyn Medén by email (m.j.meden@telus.net) or by phone at 604-469-6797 for information and Zoom link.

Theology Pub (Online) meets the third Sunday of the month at 1 pm via Zoom. Our themes will complement those of the monthly service themes. Shortly before the meeting Franci will remind the T-Pub list members of the Zoom link and offer an inspirational thought. Franci offers blessings for your fall season. Please contact her for more information or to be added to the email list: theology-pub@beaconunitarian.org.

Book Club (Online) meets the fourth Thursday of each month at 7 pm. For Zoom details contact John Hagen, ajhagen@telus.net.
Thursday, Nov. 26: A Tale for the

Time Being by Ruth Ozeki facilitated by Gail Thomson. See box on page 7 for more information.

Lunch Bunch (Online) meets every Thursday at noon, year-round, currently via Zoom. Bring your own lunch and share in lively and topical conversation. Contact Anne MacLeod at 604-528-8489 for the Zoom link.

Groove Dance (Online) is a simple and fun way to move your body. You don't need to have any dance experience. You don't need to have a particular fitness level or body type. Groove dance is for EVERY BODY. A facilitator guides you through a few simple moves, helps you to connect to yourself and the music, and the rest is up to you. Simply explore and enjoy the pleasure of moving to music your way. See the [three minute informational video](#). Join other Beaconites in this fun form of community dance. Classes will be held Mondays at 5:30 on Zoom. Please contact Janet Pivnick janpivnick@gmail.com to receive the Zoom link or for more information.

Attend ‘Getting to Know Beacon’ (to learn more about our Sunday services and programs) or a **‘Getting to Know You’ session** (for conversation with our minister and Connecting Committee, and to learn more about Unitarianism and ways to be part of this community). If you are interested in attending the next session of either, please contact Rev. Meg Roberts: minister@BeaconUnitarian.org or 778-870-9015.

The Beacon Choir has been temporarily suspended due to COVID-19. Please contact choirdirector@beaconunitarian.org for more information about the choir.



Online Beacon Film Club

Join us for a fun night! Similar to the book club, the procedure is to view the film in advance, and then come to a Zoom meeting to chat about it.

The films selected are all available from YouTube for a rental fee (from \$0 to \$6.99). They may also be available for streaming from other internet sources, so if you have a subscription to a streaming service, do check there first. To rent a film from YouTube, search for the title in YouTube and look for the video that has a blue “Buy or Rent” box beside it.

We will meet to talk about the film at 7 pm on Friday evenings via Zoom. Please email Marilyn Medén (m.j.meden@telus.net) for Zoom meeting details. Each week a new person will choose and “host” a film. Bring your popcorn and your opinions.

Film Line-up for November

Nov. 6: *Get Out*, introduced by Nancy Rupert

Nov. 13: No film night— please consider attending the BC Regional Fall Gathering scheduled for tonight.

Nov. 20: *Rust and Bone*, introduced by Lindsay Udem

Nov. 27: *Malcolm X*, introduced by Michael Scales

Film Line-up for December

Dec. 4: *Some Like It Hot*, introduced by Janene White

Dec. 11: *One Last Deal*, introduced by Donna Webb

Dec. 18: *Love Actually*, introduced by Franci Louann

Sapperton Assoc. AGM

Wed. Nov. 18th at 1:30 pm

Sapperton Hall is having its Annual General Meeting on Wednesday, November 18th at 1:30 pm. Beacon people who are, or wish to be, members of Sapperton Hall can initiate or renew their membership at the meeting prior to the start. Otherwise they can mail their request to :

Bev Bentham, Sapperton Old Age Pensioners Assoc., 7739 Langley Street, Burnaby, BC V3N 3Z7
Tel 604-521-7091

Include your name, address, telephone number, and birth date for the membership list. Cost is \$20 for 2020 and 2021 inclusive. Your contributions to the wellbeing of our hall is much appreciated.

—Peggy L.

Soul Matters Sharing Circles

Led by Rev. Meg Roberts, the next session is planned for Wednesday, November 4 as we reflect on our Unitarian principle, “the goal of world community with peace, liberty, and justice for all” (October’s theme). We have two groups:

- 1:00–3:00 pm
- 6:30–8:30 pm

If you would like to come and try it out, please contact Rev. Meg Roberts (minister@BeaconUnitarian.org, 778-870-9015) for Zoom access information and participant info packet ([see resources link at top left](#)). You can join via computer/smart phone/tablet or via regular phone. All are welcome.

Beacon Book Club Thurs. Nov. 26, 7 pm (Online)

A Tale for the Time Being

By Ruth Ozeki, Penguin Random House, 2013, 432 pp.



Facilitator: Gail Thomson

“A time being is someone who lives in time, and that means you, and me, and every one

of us who is, or was, or ever will be.” In Tokyo, sixteen-year-old Nao has decided there’s only one escape from her aching loneliness and her classmates’ bullying. But before she ends it all, Nao first plans to document the life of her great grandmother, a Buddhist nun who’s lived more than a century. A diary is Nao’s only solace—and will touch lives in ways she can scarcely imagine. Across the Pacific, we meet Ruth, a novelist living on a remote island who discovers a collection of artifacts washed ashore in a Hello Kitty lunchbox—possibly debris from the devastating 2011 tsunami. As the mystery of its contents unfolds, Ruth is pulled into the past, into Nao’s drama and her unknown fate, and forward into her own future. Full of Ozeki’s signature humor and deeply engaged with the relationship between writer and reader, past and present, fact and fiction, quantum physics, history, and myth, *A Tale for the Time Being* is a brilliantly inventive, beguiling story of our shared humanity and the search for home. (Source: BPL)

More info about the book club at: <http://beaconunitarian.org/index.php/book-club/>. For Zoom meeting details contact John Hagen, book-club@beaconunitarian.org.

Allies for Racial Equity

(Continued from page 5)

held three *Allies* caucuses for white people who wanted to connect with other people engaged in anti-racism work. The caucus that I joined had eighty participants from across North America. We were split into groups of three and had an opportunity to have in-depth and heartfelt conversation about our work and our challenges. I left feeling affirmed and supported and knowing that my experience did not exist in isolation. As Beacon starts to enter into discussions about anti-racism, *Allies for Racial Equity* may be a place of interest for Beaconites to join.

—Janet Pivnick

Racial justice Resources:

- [“It’s a constant battle’: 20% of Canadians say they experience racism, survey reveals”](#) by Mark Gollum (CBC News, 2019-12-09)
- [Yes, Canada Has a Racism Crisis and It’s Killing Black and Indigenous Peoples](#) by Pam Palmater (Canadian Dimension, 2020-06-03)

From the Canadian Unitarian Council by Rev. Dr. Mark Morrison-Reed:

- Keynote delivered at CUC National Conference 2013 in Calgary, [Radical Inclusion](#).
- [Survey of Canadian UU Congregations - Summary 2012](#)

Parenting and family resources:

- [Raising Anti-Racist Kids](#) (Ontario Institute for Studies in Education) – list of resources and books
- Picture books for children (from Nancy):
 - *The Colour of Us*
 - *Last Stop on Market Street*
 - *The Story of Ruby Bridges*
- Vancouver Public Library curated some other kids’ books [here](#) (from Ashley)



Welcome to the CUC 2020 National Fall Gathering: Nov. 13–15

Registration deadline: Nov. 6

We are thrilled to announce all the details of our upcoming National Fall Gathering being held November 13–15.

Join us for Regional Gatherings on Friday, November 13.

On Saturday, November 14 we are offering a full slate of engaging workshops on everything from Pastoral Care and Resilient Leadership, to conversations with Indigenous Elders and Educating for Anti-Racism. We will also gather for a conversation with the Board and some social time at our Coffeehouse.

And on Sunday we will gather together for a National service.

We are looking forward to welcoming you!

BC Regional Fall Gathering: Friday, November 13, 7–8:30 pm (Pacific Time)

Join friends from our region for the weekend's opening event. We'll share some music and reflections, and have the opportunity to deepen our regional connections through meaningful small group facilitated conversations about interesting topics.



For more information and to register:

<https://cuc.ca/events/national-fall-gathering-2020/1605294000/1605466800/>

Cost: There is no charge for the Friday regional gatherings or the Sunday service. There is a fee to attend one or more streams of Saturday's National Gathering. **Sliding fee scale – \$20, \$40, 60, \$80, \$100** Check out our Sliding Scale Fee page for guidance in discerning how much to pay. If finances impact your ability to participate, please contact Rev. Meg Roberts for financial assistance: minister@beaconunitarian.org.

Registration Deadline: Nov. 6

Regular Virtual Gatherings c/o the CUC

Connect and Deepen—Virtual Gathering

2nd Sunday of the month. If you would like to deepen your spiritual exploration, and form a connection with a welcoming small group, we invite you to attend Connect and Deepen. You can find more information about the group and their upcoming meetings by visiting the [CUC website](#) and following the [CUC on Facebook](#).

“I was delighted to find another way to connect with others and share thoughts and experiences with them in an intimate setting. The themes and format of each session is thoughtfully chosen and provides a way to consider our lives in a deeper way, if only for a few moments. I always look forward to our next time together.” – Jos Sharp

Gathered Here: Virtual young adult community

The monthly online gathering for young adults (ages 18–35). Monday, Nov. 9, 5 pm PT – <https://bit.ly/GHMonday>. Together, we will find connection and create the opportunity to share what's on our hearts in a spiritually grounded and loving community.



Beacon Unitarian Church

www.beaconunitarian.org
info@beaconunitarian.org
 Phone: 778-791-7952

Mailing Address:

#414, 552A Clarke Road,
 Coquitlam, BC V3J 0A3

Contract Minister:

Rev. Meg Roberts
minister@beaconunitarian.org, 778-870-9015

Lay Chaplain:

Sue Sparlin, 778 319 7827
ceremonies@beaconunitarian.org

Administrative Support:

Rachael Greenland,

778-791-7952

adminsupport@beaconunitarian.org

Board Executive:

President: David Kristjanson;

Vice-President: Susan Tarras;

Treasurer: Heather Brown;

Members at Large:

Karen Greenland,
 Regina Ogmundson,
 Amalia Mamani,
 and Rob Warner.

Connections & Membership: Sue Sparlin

Religious Exploration Director:

Ashley Cole, dre@beaconunitarian.org

Beacon Newsletter:

newsletter@beaconunitarian.org
 Production: Laura Redmond
 Proofreading: Jean Donaldson

Deadline for article submissions is the 15th of the month, for inclusion in the following month's newsletter.