

# Order of Service for January 21, 2024 Why Do We Have Many Sources of Wisdom?

# **Rev. Meg Roberts**

<b>□</b> Prelude	Ming-Xuan Chung
Welcome to Beacon	Rev. Meg Roberts
☐ Congregational Song - # 188 Come, Come, Whoever You Are  Words: Adapt. from Rumi, Music: Lynn Adair Ungar	Ming-Xuan Chung, Rev. Meg Roberts
Opening Words & Chalice Lighting - by Julianne Lepp	Rev. Meg Roberts
Reflection - Beacon Community	Rev. Meg Roberts
☐ Congregational Song - # 6 Just as Long as I Have Breath  Words: Alicia S. Carpenter, Music: Johann G. Ebeling	Ming-Xuan Chung, Rev. Meg Roberts
Meditation	Rev. Meg Roberts
J Music - Promise  Music: Laufey	Ming-Xuan Chung
Joys and Sorrows	Rev. Meg Roberts
Sharing the Plate  Sung Response - For All That Is Our Life	Carol Woodworth Ming-Xuan Chung
Our Thanks	Rev. Meg Roberts
☐ Congregational Song - # 1018 Come and Go With Me  Words and Music: African-American spiritual, Arrangement: Kenny S.	Ming-Xuan Chung, Rev. Meg Roberts
Closing Words & Extinguishing the Chalice - by Jane E. Mauldin	Rev. Meg Roberts

## We invite you to join us for Soup Lunch after the service for fellowship and conversation.

Ming-Xuan Chung

□ Carry the Flame

Instead of Coffee Hour this week, join us for our monthly soup lunch. Soup lunches take place after the Sunday service in the downstairs hall. Suggested donation is \$5 or as you are able.

If you can't stay long, please stay for a beverage and conversation.

For those on Zoom: Please stay and join us in small group conversation. Just stay online after the service ends.

# Next Service: Sunday January 28, 10:30 am Navigating the Seven C's – Sailing Through Calm, Stormy and Uncharted Waters

Guest presenter: Colin Chow

This time of year can bring forth a great deal of stress, anxiety, negativity and poor mental health. There is research that explains some of the reasons behind this. Colin will take us through Seven C's (Comfort, Communication, Conflict/Contempt, Change, Curiosity and Connection) which are mental health related concepts that can help explain why we might choose to "sink or swim" through the waters of our lives.

Colin Chow is honoured to return as a guest speaker with the Beacon Unitarian community. Colin has a strong connection to New Westminster as a previous long term resident. He has worked with many faith communities, independent/public schools, post-secondary art/college/universities and in print/radio journalism in his work as a Registered Clinical Counsellor, Educator and University Faculty.

#### **Supporting Today's Service**

Service Leader and Song Leader Rev. Meg Roberts
Musician and Song Leader Ming-Xuan Chung
Sharing the Plate Carol Woodworth

In-Person Greeters Carol Woodworth, Laura Redmond

Counters/Collectors Jane Day, Michael Scales

Sapperton Coffee Host Rob Warner

Soup Lunch Coordinator Peggy Lunderville
Art Table Family Ministry Team
Audio Visual Technician Tyler Ewasiuk

Audio Visual Technician

Zoom Greeter/Service Assistant

Zoom Recording Editor

Order of Service

Set up/Clean up

Tyler Ewasiuk

Sue Sparlin

Tyler Ewasiuk

Rachael Greenland

All of us who can

#### **Our Shared Ministry**

Minister Rev. Meg Roberts
Choir Director Faith Veikle
Lay Chaplain Janet Pivnick
Family Ministry Bette Goode
Administration Support Rachael Greenland
Shared Ministry Coordinator Sue Sparlin

**Stay Connected!** If you are not getting the mid-week email called Beacon This Week that informs you of all groups, programs and their Zoom links hosted by Beacon or connected to the Metro Vancouver congregations, please ask one of the Greeters to sign you up, or email <a href="mailto:adminsupport@beaconunitarian.org">adminsupport@beaconunitarian.org</a>

### Beacon Unitarian Website www.beaconunitarian.org

Pastoral Support Team Email pastoralcare@beaconunitarian.org

#### Note from the Treasurer

Beacon gratefully accepts donations via Interac e-transfer to the email below.

In the message box, note where you want the funds applied to:

- Beacon (note if pledge or general donation)
- Sharing the Plate (half will go to Beacon, half to the Sharing the Plate recipient: <u>Purpose Independent Secondary School</u> Lunch Program).

If you wish to set up a pre-authorised deposit or need help with e-transfer please email me at <a href="mailto:treasurer@beaconunitarian.org">treasurer@beaconunitarian.org</a> Please mail any cheques to:

Beacon Unitarian Church

Box 414 – 552 Clarke Road

Coquitlam, BC V3J 0A3

Thank you for your continued support - Carol Woodworth

**<u>Lunch Bunch</u>** meets online every Tuesday at noon.

Beacon Choir rehearses in-person Thursdays at 7:30 pm & typically performs 2 Sundays a month

Film Club meets online the 1st and 3rd Fridays of the month at 7pm

**Book Club** meets online the 2nd Fridays of the month at 7 pm

**Humanist Group** meets online the last Sunday of the month at 7:30 pm