



Order of Service for September 29, 2024

What If We Prioritized Rest?

Rev. Karen Fraser Gitlitz

Roots of Resilience Series

♪ <i>Prelude</i>	Ming-Xuan Chung
Welcome to Beacon	Glenn Wootton
Chalice Lighting Words by Shari Woodbury	Sue Sparlin
National Day For Truth and Reconciliation	David Kristjanson
♪ Congregational Song - #6 - <i>Just As Long As I Have Breath</i> <small>Word: Alicia S. Carpenter, Music: Johann G. Ebeling</small>	Ming-Xuan Chung
Joys and Sorrows	Judy Villett
♪ Congregational Song - #352 - <i>Find A Stillness</i> <small>Words: Carl G. Seaburg, based on a Unitarian Transylvanian text, Music: Transylvanian Hymn Tune</small>	Ming-Xuan Chung
Reflection - What If We Prioritized Rest?	Rev. Karen Fraser Gitlitz
Meditation	Laura Redmond
♪ Congregational Song - #391 - <i>Voice Still and Small</i> <small>Words and Music: John Corrado</small>	Ming-Xuan Chung
Sharing the Plate	Glenn Wootton
♪ Sung Response - <i>For All That Is Our Life</i>	Ming-Xuan Chung
Our Thanks	David Kristjanson
♪ Congregational Song - #1008 - <i>When Our Heart Is In a Holy Place</i> <small>Words and Music: Joyce Poley</small>	Ming-Xuan Chung
Chalice Extinguishing Words by Eric Hepburn	Sue Sparlin
♪ <i>Carry the Flame</i>	Ming-Xuan Chung
♪ <i>Postlude</i>	Ming-Xuan Chung

Next Service: Sunday October 6, 10:30 am

Thanks Be For Us!

Rev. Brian Kiely

This service is online only. Sapperton Hall is not available this Sunday.

Whatever wonderful things we hope Beacon can do in the wider world, it really all starts with us. Nothing good will happen at Beacon without us...no services, no community, no caring, no music, no forum for Unitarian social justice. It really starts with us. This week before Thanksgiving, as we think about Stewardship, we should start by thanking ourselves.

Supporting Today's Service

Guest Speaker
Service Leaders
Musician and Song Leader
Joys and Sorrows
In-Person Greeters
Newcomer Hosts
Counters/Collectors
Coffee Hour Set Up
Audio Visual Technician
Zoom Recording Editor
Zoom Greeter/Service Assistant
Administration Support
Set up/Clean up

Rev. Karen Fraser Gitlitz
Glenn Wootton, David Kristjanson
Ming-Xuan Chung
Judy Villett
Jane Day, Carol Woodworth
Marilyn Medén, John Hagen
Richard Hollins, Jane Day
Judy Villett
Tyler Ewasiuk
Tyler Ewasiuk
Sue Sparlin
Rachael Greenland
All of us who can

Our Shared Ministry

Minister
Lay Chaplains
Family Ministry
Administration Support
Shared Ministry Coordinator

Rev. Meg Roberts
Janet Pivnick, Laura Redmond
Bette Goode
Rachael Greenland
Sue Sparlin

Note from the Treasurer

Beacon gratefully accepts donations via Interac e-transfer to the email below. In the message box, note where you want the funds applied to:

- Beacon (note if pledge or general donation)
- Sharing the Plate (half goes to Beacon, half to our Sharing the Plate recipient: [Century House Association Peer Support](#))

If you wish to set up a pre-authorized deposit or need help with e-transfer please email me at treasurer@beaconunitarian.org

Please mail any cheques to: Beacon Unitarian Church, Box 414 – 552A Clarke Road, Coquitlam, BC V3J 0A3

Thank you for your continued support.- Joyce Gudaitis

Stay Connected! If you are not getting the mid-week email called Beacon This Week that informs you of all groups, programs and their Zoom links hosted by Beacon or connected to the Metro Vancouver congregations, please ask one of the Greeters to sign you up, or email adminsupport@beaconunitarian.org

Lunch Bunch meets every Tuesday at noon.

Bring your own lunch and share in lively and topical conversation. <http://beaconunitarian.org/index.php/lunch-bunch/>

Book Club meets on the 4th Thursday at 7 pm. <http://beaconunitarian.org/index.php/book-club/>

Film Club meets on the 1st and 3rd Fridays of the month at 7pm <http://beaconunitarian.org/index.php/film-club/>

Humanist Group meets the last Sunday of the month at 7:30 pm <http://beaconunitarian.org/index.php/humanist-group/>

Beacon Unitarian Website www.beaconunitarian.org

Pastoral Support Team pastoralcare@beaconunitarian.org