

Beacon Unitarian Church Order of Service for February 23, 2025 Whose Belonging? Rev. Karen Fraser Gitlitz Sharing Our Faith Service

Sing-Along with Kate Smith & Bill Marshall @ 10:10 am

Three Little Birds Words & Music: Bob Marley Lean on Me Words & Music: Bill Withers You've Got a Friend
Words and Music: Carol King

Welcome to Beacon	David Kristjanson
☐ Congregational Song - Hymn #361 "Enter Rejoice and Come In" Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Music: Louise Ruspini, Arr. by Betty A. Wylder Words & Wylder Words & Wylder Wylder Words & Wylder Words & Wylder Wy	Ming-Xuan Chung
Opening Words By Annahid Dashtgard	Kate Smith
Chalice Lighting Words By Rev. Karen Fraser Gitlitz	Peg Hinkley
Joys and Sorrows	Judy Villett
Introduction To The Theme	David Kristjanson
☐ Congregational Song - Hymn #1008 "When Our Heart Is In A Holy Place" Words & Music: Joyce Poley	Ming-Xuan Chung
Reflection - "Whose Belonging?"	Rev. Karen Fraser Gitlitz
☐ Congregational Song - Hymn #318 "We would be one" Words: Samuel Anthony Wright, Music: Jean Sibelius	Ming-Xuan Chung
Meditation - "Belonging", by Rosemary Wahtola Trommer	David Kristjanson
Sharing Our Faith - To donate online go to the CUC website (cuc.ca) Sung Response - "For All That Is Our Life" Words by Bruce Findlow, Music by Patrick L. Rickey	David Kristjanson Ming-Xuan Chung
Our Thanks	David Kristjanson
□ Congregational Song "Room at the Table" Words & Music: Carrie Newcomer	Kate Smith, Bill Marshall
Chalice Extinguishing Words By Howard Therman	Peg Hinkley
□ "Carry the Flame"	Ming-Xuan Chung
□ Postlude	Ming-Xuan Chung

We invite you to join us for Coffee Hour after the service for fellowship and conversation.

Zoom: Please stay online and join us in small group conversation. Just stay online after the service ends.

Sapperton Hall: Please join us for coffee and snacks, with safety protocols in place.

Woman's Group: Woman's group will have their inaugural meeting after the service.

Next Service: Sunday, March 2 @ 10:30 am

Be Here Now

Rev. Jonipher Kūpono Kwong (Rev. J)

A Roots of Resilience Service

In a constantly shifting world, what are the spiritual practices that allow us to be present to ourselves and be committed to our spiritual community? What resources and wisdom can we draw from to achieve equanimity in our lives and become more resilient?

Rev J (he/they) is the Lead Minister of First Unitarian Congregation of Toronto. Dr. Kwong obtained his master of divinity and doctor of ministry degrees from Claremont School of Theology in California, and graduated with a bachelor of arts degree in film studies from the University of California, Santa Barbara. Born and raised in the Philippines (of Chinese descent), most of RevJ's adult life was spent in California and Hawai'i. He served several congregations during his more than decade-long ministry including First Unitarian Church of Honolulu, Sepulveda UU Society, Temecula Valley UU Community, Ohana Metropolitan Community Church (MCC) in Honolulu and Resurrection Beach MCC in Orange County, CA.

Supporting Today's Service

Guest Minister (Video) Rev. Karen Fraser Gitlitz

Service Leader David Kristjanson
Pianist/Accompanist Ming-Xuan Chung

In-Person GreetersJudy Villett, Susan TarrasNewcomer HostsMarilyn Medén, John HagenCounters/CollectorsJohn Hagen, Rob Warner

Sapperton Coffee Host Karen Greenland Audio Visual Technician Tyler Ewasiuk

Camera operator Deepak Sahasrabudhe

Zoom Greeter/Service Assistant Laura Redmond
Zoom Recording Editor Tyler Ewasiuk
Set up/Clean up All of us who can

Our Shared Ministry

Minister Rev. Meg Roberts

Lay Chaplains Janet Pivnick, Laura Redmond

Administration Support Rachael Greenland

Note from the Treasurer: Link for Sharing Our Faith donation. Beacon gratefully accepts donations via Interac e-transfer to the email below. In the message box, note if you want the funds applied to 1. Beacon Pledge 2. Minister (it will go to the Minister's discretionary fund) or 3. Sharing the Plate (half goes to Beacon, half goes to Peer Support Program - Century House. If you wish to set up a pre-authorised deposit or need help with e-transfer email treasurer@beaconunitarian.org. Please mail any cheques to: Beacon Unitarian Church/ Box 414 – 552 Clarke Road/ Coquitlam, BC V3J 0A3. Thank you for your continued support.

<u>Stay Connected!</u> We send out a weekly email called Beacon This Week that informs you of all upcoming Beacon activities. Please ask one of the Greeters to sign you up, or <u>email Rachael</u> (<u>adminsupport@beaconunitrian.org</u>)

Lunch Bunch meets online every Tuesday at noon.

Film Club meets online the 1st and 3rd Fridays of the month at 7pm

Book Club meets online the 4th Friday of the month at 7 pm

Humanist Group meets online the last Sunday of the month at 7:30

For support when life is challenging, contact our Pastoral Support Team pastoralcare@beaconunitarian.org

For other Beacon programming please visit our website www.beaconunitarian.org

Lyrics for Hymns

3 Little Birds by Bob Marley

[Chorus]
Don't worry, about a thing
Cause' every little thing,
Gonna be alright,
Singin' don't worry, about a thing
Cause every little thing,
Gonna be alright.

Rise up this mornin',
Smile with the rising sun,
Three little birds perch by my doorstep
Singin' sweet songs
Of melodies pure and true,
Sayin', this is my message to you-oo-oo.

[Chorus]

Singin' don't worry, about a thing Cause' every little thing, (is) gonna be alright, Singin' don't worry, about a thing Cause every little thing, Gonna be alright.

Rise up this mornin',
Smile with the rising sun,
Three little birds perch by my doorstep
Singin' sweet songs
Of melodies pure and true
Sayin', this is my message to you-oo-oo.

[Chorus] Singin' don't worry, about a thing Cause' every little thing, (is) gonna be alright,

Singin' don't worry, about a thing Cause every little thing,

Gonna be alright.

Don't worry, about a thing
Cause, every little thing
Gonna be alright,
Singing don't worry, about a thing
Cause every little thing
Gonna be alright,
Don't worry, about a thing
Cause every little thing
Gonna be alright,
Every little thing gonna be alright (x2)

<u>You've Got A Friend</u> by Carole King – James Taylor version

When you're down and troubled And you need some lovin' care, And nothin', nothin' is goin' right. Close your eyes and think of me And soon I will be there To brighten up Even your darkest night.

CHORUS

You just call out my name,
And you know, wherever I am
I'll come runnin' to see you again.
Winter, spring, summer or fall,
All you have to do is call
And I'll be there,
You've got a friend.

If the sky above you
Grows dark and full of clouds,
And that old north wind
Begins to blow,
Keep your head together
And call my name out loud,
Soon you'll hear me
Knockin' at your door.

CHORUS

You just call out my name
And you know, wherever I am
I'll come runnin' to see you again.
Winter, spring, summer or fall,
All you have to do is call
And I'll be there...

BRIDGE

Ain't it good to know
That you've got a friend
When people can be so cold?
They'll hurt you and they'll desert you,
And take your soul if you let them
Oh, but don't you let them.

CHORUS

You just call out my name
And you know, wherever I am
I'll come runnin' to see you again.
Winter, spring, summer or fall,
All you have to do is call
And I'll be there.
You've got a friend (3)

Lean On Me by Bill Withers

Sometimes in our lives
We all have pain
We all have sorrow,
But if we are wise
We know that there's always tomorrow.

[Chorus]
Lean on me,
When you're not strong,
And I'll be your friend,
I'll help you carry on,
For it won't be long
'Til I'm gonna need
Somebody to lean on.

Please swallow your pride
If I have things
You need to borrow,
For no one can fill
Those of your needs
That you don't let show.

[Chorus]
Lean on me,
When you're not strong,
And I'll be your friend,
I'll help you carry on,
For it won't be long
'Til I'm gonna need
Somebody to lean on.

If there is a load You have to bear That you can't carry, I'm right up the road, I'll share your load If you just call me. [Chorus]
Lean on me,
When you're not strong,
And I'll be your friend,
I'll help you carry on,
For it won't be long
'Til I'm gonna need
Somebody to lean on.

[Bridge]
So just call on me brother,
When you need a hand,
We all need somebody to lean on.
I just might have a problem
That you'd understand,
We all need somebody to lean on.

If there is a load
You have to bear
That you can't carry,
I'm right up the road,
I'll share your load
If you just call me
Call me, call me, call me.

Enter, Rejoice and Come In

Singing The Living Tradition #361 Words and Music: Louise Ruspini

Enter, rejoice, and come in. Enter, rejoice, and come in. Today will be a joyful day; Enter, rejoice, and come in.

Open your ears to the song. Open your ears to the song. Today will be a joyful day; Enter, rejoice, and come in. Open your hearts ev'ryone. Open your hearts ev'ryone. Today will be a joyful day; Enter, rejoice, and come in.

Don't be afraid of some change. Don't be afraid of some change. Today will be a joyful day; Enter, rejoice, and come in.

Enter, rejoice, and come in. Enter, rejoice, and come in. Today will be a joyful day; Enter, rejoice, and come in.

When Our Heart is in a Holy Place

Singing The Journey #1008 Words & Music: Joyce Poley

When our heart is in a holy place,
When our heart is in a holy place,
We are bless'd with
Love and amazing grace,
When our heart is in a holy place.

When we trust the wisdom
In each of us,
Ev'ry color ev'ry creed and kind,
And we see our faces
In each other's eyes,
Then our heart is in a holy place.

When our heart is in a holy place, When our heart is in a holy place, We are bless'd with Love and amazing grace, When our heart is in a holy place.

When we tell our story
From deep inside,
And we listen with a loving mind,
And we hear our voices
In each other's words,
Then our heart is in a holy place.

When our heart is in a holy place, When our heart is in a holy place, We are bless'd with Love and amazing grace, When our heart is in a holy place.

When we share the silence
Of sacred space,
And the God of our Heart stirs within,
And we feel the power
Of each other's faith,
Then our heart is in a holy place.

We Would Be One

Singing The Living Tradition #318 Words: Samuel Anthony Wright, Music: Jean Sibelius

We would be one
As now we join in singing
Our hymn of love,
To pledge ourselves anew
To that high cause
Of greater understanding
Of who we are, and what in us is true.

We would be one in living for each other
To show to all a new community.
We would be one in
Building for tomorrow
A nobler world
Than we have known today.

We would be one in
Searching for that meaning
Which binds our hearts
And points us on our way.
As one, we pledge ourselves
To greater service,
With love and justice,
Strive to make us free.

Sung Response

Words: Bruce Findlow, Music: Patrick L. Rickey Singing The Living Tradition #128

For all that is our life,
We sing our thanks and praise
For all life is a gift
Which we are called to use
To build the common good
And make our own days glad.

Room at the Table by Carrie Newcomer

Let our hearts not be hardened
To those livin' on the margins,
There is room at the table for ev'ryone.
This is where it all begins,
This is how we gather in,
There is room at the table for ev'ryone.

Too long we have wandered,
Burdened and undone, but
There is room at the table for ev'ryone.
Let us sing the new world in,
This is how it all begins,
There is room at the table for ev'ryone.

CHORUS

There is room for us all,
And no gift is too small
There is room at the table for ev'ryone.
There's enough if we share,
Come on, pull up a chair
There is room at the table for ev'ryone.

No matter who you are
No matter where you're from
There is room at the table for ev'ryone.
Here and now we can be
The beloved community
There is room at the table for ev'ryone.

CHORUS

There is room for us all,
And no gift is too small
There is room at the table for ev'ryone.
There's enough if we share,
Come on, pull up a chair
There is room at the table for ev'ryone.
Let our hearts not be hardened
To those livin' on the margins,
There is room at the table for ev'ryone (x3)

Carry the Flame

Carry the Flame of Peace and Love,
Until We Meet Again.
Carry the Flame of Peace and Love,
Until We Meet Again.