



Order of Service for November 1, 2026
Holding the Tension
Rev. Karen Fraser Gitlitz

♪ *Prelude*

Ming-Xuan Chung

Welcome to Beacon

Susan Tarras, Michael Scales, Teresa Morton,
Regina Ogmundson, David Kristjanson

Chalice Lighting

Rev. Karen Fraser Gitlitz

Joys and Sorrows – Sharing in Pairs

Judy Villett

♪ *Singing #389 “Gathered Here in the Mystery of the Hour”*

Words & Music: Philp A. Porter

Ming-Xuan Chung

Remembering our Ancestors

Rev. Karen Fraser Gitlitz

Reading “procession” by katherena vermette

Reflection, part 1 “Remembering our ancestors”

♪ *Music “Morgen” by Richard Strauss*

Ming-Xuan Chung

Blessing “Sometimes what goes from us” by Jan Richardson

♪ *Singing #1007 “There’s a River Flowin’ in My Soul”*

Words & Music: Rose Sanders, arr. Kenny Smith

Ming-Xuan Chung

Reflection part 2 “Holding the Tension”

Rev. Karen Fraser Gitlitz

♪ *Singing #1064 “Blue Boat Home”*

Words & Music: Cecily Taylor, Music Arr. by Richard Graves

Ming-Xuan Chung

Sharing The Plate

David Kristjanson

♪ *Sung Response “For All That Is Our Life” (First Verse)*

Words: Bruce Findlow, Music: Patrick L. Rickey

Ming-Xuan Chung

An Invitation

David Kristjanson

Chalice Extinguishing Words by Richard Rohr

Kathy Williams

♪ *“Carry the Flame”*

Ming-Xuan Chung

♪ *Postlude*

Ming-Xuan Chung

We invite you to join us after the service for fellowship and conversation.

Zoom: Please stay and join us in small group conversation. Just stay online after the service ends.

Sapperton Hall: Please stay and join us for coffee, tea, snacks and conversation at the back of the hall.

Enviro-Bee: Please join Teresa Morton for our monthly Enviro-Bee after the service today. Online and in person.

Next Service: Sunday, November 8th @ 10:30 am

“Subject to Change Without Notice”

Rev. Lynn Harrison

Life calls us to adapt to countless changes, in our personal lives and in society as a whole. How do we respond to change, especially when change is unexpected or challenging? How can we practice ways of creating stability for ourselves and others in times of profound change?

Rev. Lynn Harrison is a Unitarian Universalist minister, performing songwriter, spiritual director and author.

She currently provides regular guest-preaching and music for the Don Heights and Durham UU congregations. Lynn's music is included in the UU "Sing Out Love" hymnbook and shared on Substack and other platforms, and her book "Songwriting as Soul Work: Songs and the Inner Life" (Friesen Press, 2026) is available through many booksellers. Lynn served First Unitarian Congregation of Toronto as Associate Minister for seven years (2016-2023).

Supporting Today's Service

In-Person Greeters	Lori Holtorf, Jane Day
Newcomer Hosts	Marilyn Medén, John Hagen
Counters/Collectors	John Hagen, Michael Scales, Dan Theal
Sapperton Coffee Host	Coralie Woodley, Laurel Friesen
Audio Visual Technician	Tyler Ewasiuk
Camera operator	Deepak Sahasrabudhe
Zoom Greeter/Service Assistant	Gina-Dianne Harding
Zoom Recording Editor	Tyler Ewasiuk
Set up/Clean up	All of us who can
Lay Chaplains	Janet Pivnick, Laura Redmond

Note from the Treasurer Beacon gratefully accepts donations via Interac e-transfer to the email below. In the message box, note if you want the funds applied to 1. Beacon Pledge 2. Minister (it will go to the Minister's discretionary fund) or 3. Sharing the Plate (half goes to Beacon, half goes to [Spirit of the Children Society - Youth Hub](#)). If you wish to set up a pre-authorised deposit or need help with e-transfer treasurer@beaconunitarian.org. Please mail any cheques to: Beacon Unitarian Church/ Box 414 - 407 - 552 Clarke Road Coquitlam, BC V3J 0A3. Thank you for your continued support.

Stay Connected! We send out a weekly email called Beacon This Week that informs you of all upcoming Beacon activities. Please ask one of the Greeters to sign you up, or contact [Admin Support](#)

Lunch Bunch meets online every Tuesday at noon.

Film Club meets online the 1st and 3rd Fridays of the month at 7pm

Book Club meets in person the 4th Thursday of the month at 1 pm

Humanist Group meets online the last Sunday of the month at 7:30 pm

For support when life is challenging, contact our Pastoral Support Team pastoralcare@beaconunitarian.org

For other Beacon programming please visit our website www.beaconunitarian.org